

# BASIC

SUMMARY OF

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POLY-TRAUMATIZED PATIENT

SHOCK

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MISCELLANEOUS

*if you found it useful  
kindly share!*

# ATLS

Management of poly-trauma pt.

"Q. should be written in any major trauma"

(Air way & breathing only)

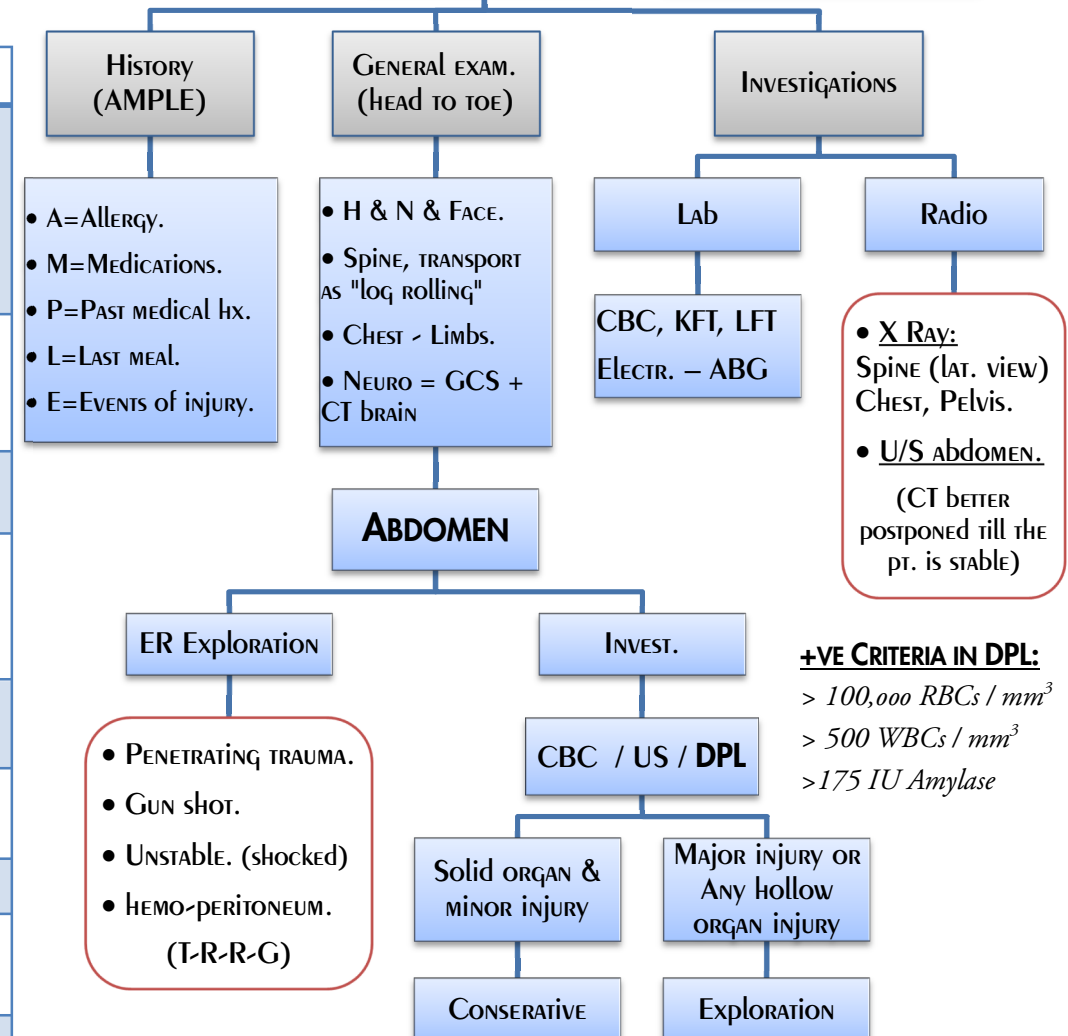
## 1<sup>RY</sup> SURVEY

Identify & Treat any life threatening condition

|                                     | PRE-HOSPITALIZATION (ABCDE)  | AT HOSPITAL  |
|-------------------------------------|--|--|
| <b>Airway:</b><br>Cx. Spine support | 1) Clear airway.<br>2) Head tilt & chin lift → # if you suspect Cx. spine injury (Cx. TENDERNESS – MF TRAUMA) → JAW THRUST + Cx. Collar + NEVER MOVE ! pt.<br>3) Oropharyngeal tube.   | Cricothyroidotomy or Tracheostomy.<br>If failed or there's head injury or M-F trauma → ETT (NOT ROUTINE) |
| <b>BREATHING</b>                    | 1) <b>TENSION PNEUMOTH.</b> → <b>Needle decomp</b><br>• Engorged neck veins. • Shifted mediastinum.<br>• Resp. distress. • Air blow<br>2) <b>OPEN PNEUMOTH.</b> → <b>Occlusive dressing</b><br>RESONANT ON PERCUSSION + ↓ AIR ENTRY.<br>3) <b>CARDIAC TAMPONADE AT 150 ML</b><br>Beck's triad (Engorged NVs, hypotension, ↓ HS)<br>→ <b>Needle pericardiocentesis</b><br>4) <b>FLAIL CHEST</b> → PARADOXICAL MOV. → <b>Strapping</b><br>TENDERNESS OVER A CERTAIN SEGMENT.<br>5) <b>MASSIVE HEMOTH.</b> → <b>IC tube</b><br>DULL ON PERCUSSION + ↓ AIR ENTRY | ICT TUBE<br><br>IC TUBE<br><br>PERICARDIOTOMY IN MOST OF PTS.<br><br>ETT. (PEEP)<br><br>± THORACOTOMY    |
| <b>Circ.</b>                        | Explain Classes & management of <b>hypovol. Shock.</b>   |  |
| <b>Disability:</b><br>AVPU          | <b>A</b> = alert <b>V</b> = responds to vocal stimuli.<br><b>P</b> = painful stimuli. <b>U</b> = UNRESPONSIVENESS.   |  |
| <b>EXPOSURE &amp; ENV.</b>          | WARMTH.  | INSERT 3 انابيب → IV line, foleys, Ryle.   |

## 2<sup>RY</sup> SURVEY

3<sup>RY</sup> = Definitive TTT of EACH injury individually!



# HYPVO-VOLEMIC SHOCK

## ETIOLOGY:

- 1) **LOSS OF BLOOD** → HGE. (INTERNAL OR EXTERNAL)
- 2) **PLASMA** → BURNS, PANCREATITIS & PERITONITIS.
- 3) **NA CONTAINING FLUIDS** → SEVER NVD, IO, high output intestinal fistula!

*"Inadequate tissue perfusion → Anaerobic metabolism + M. Acidosis"*

## BODY RESPONSE

### 1) HOMEOSTASIS:

- VC of ARTERIOLES.
- PLATELET plug.
- Blood clotting.

**2) NEURAL:** ⊕ of ARTERIAL BARO-RS & Atrial STRETCH RS → ↓ THE VAGAL INHIBITORY IMPULSES ON VMC + ⊕ of sympth. system.

**3) HORMONAL:** CS, RAS, ADH, GH & CA.

**4) TRANS-CAPILLARY RE-FILLING:** VC of ARTERIOLES → ↓ CAP. PR. → CAP. REFILLS FROM THE INTERSTITIAL SPACE.

## CHANGES IN SHOCK

### 1) μ CIRCULATION

#### REVERSIBLE PHASES

**A) COMPENSATORY PHASE:** VC of PRE-CAP. SPHINCTER → ↓ CAP. PRESSURE → CAP. REFILLS FROM THE INTERSTITIAL SPACE.

#### B) CELL DISTRESS PHASE:

OPENING OF THE A-V SHUNTS → DEPRIVE TISSUES FROM O<sub>2</sub> → ANAEROBIC METABOLISM → ↑ METABOLITES & HISTAMINE → CONTRACTION OF POST CAP. SPHINCTER

#### IRREVERSIBLE PHASES

#### C) DECOMPENSATION PHASE:

ANOXIA & ACIDOSIS → RELAXATION OF THE PRE-CAP. SPHINCTER ONLY → ACCUM. OF RBCs → STASIS → μ THROMBI.

**D) FAILURE: FINALLY** THE POST CAP. SPHINCTER WILL RELAX → PASSAGE OF THE SLUDGE & μ THROMBI TO THE CIRC.

### 2) CELLULAR DERANGEMENT:

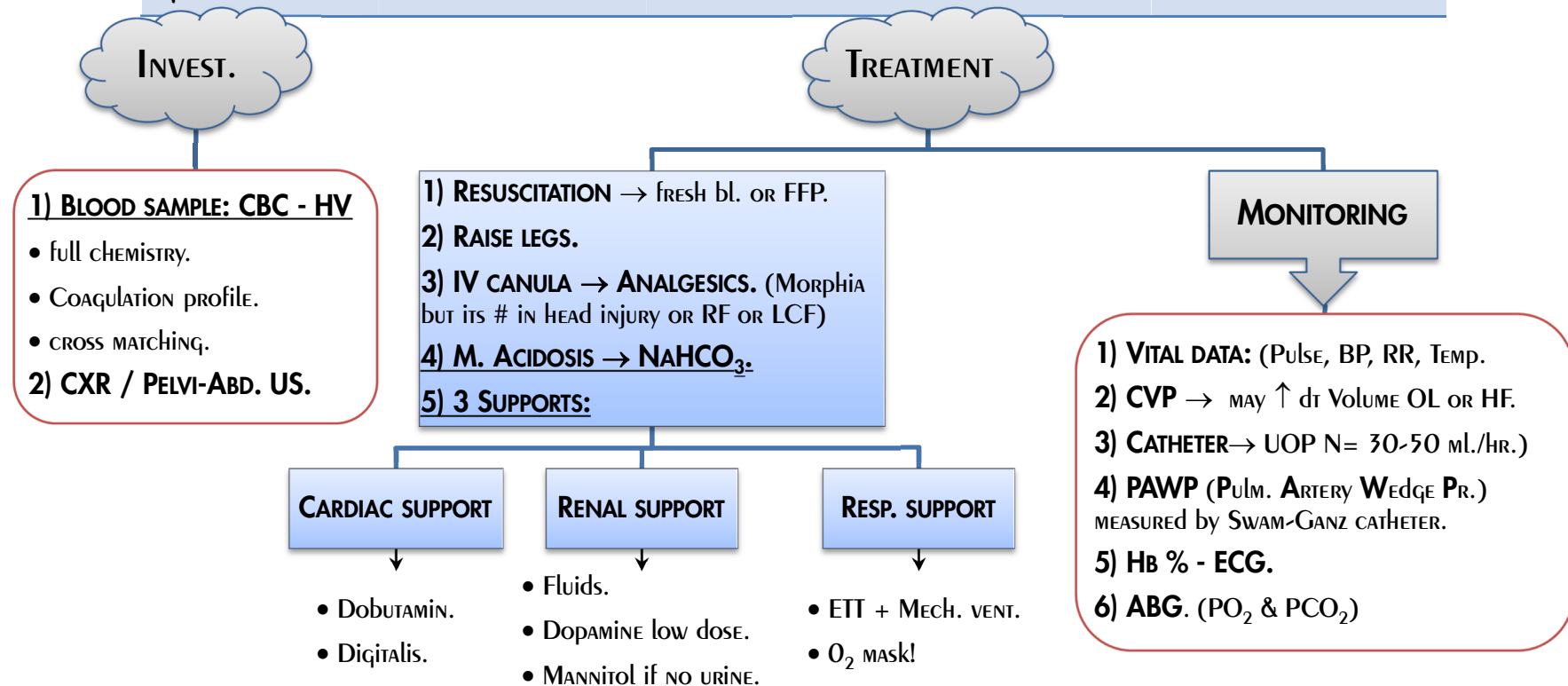
dt FAILURE OF Na/K PUMP → INABILITY OF CELLS TO GET RID OF NA → WATER RETENTION.

**3) ACID-BASE** → M. ACIDOSIS

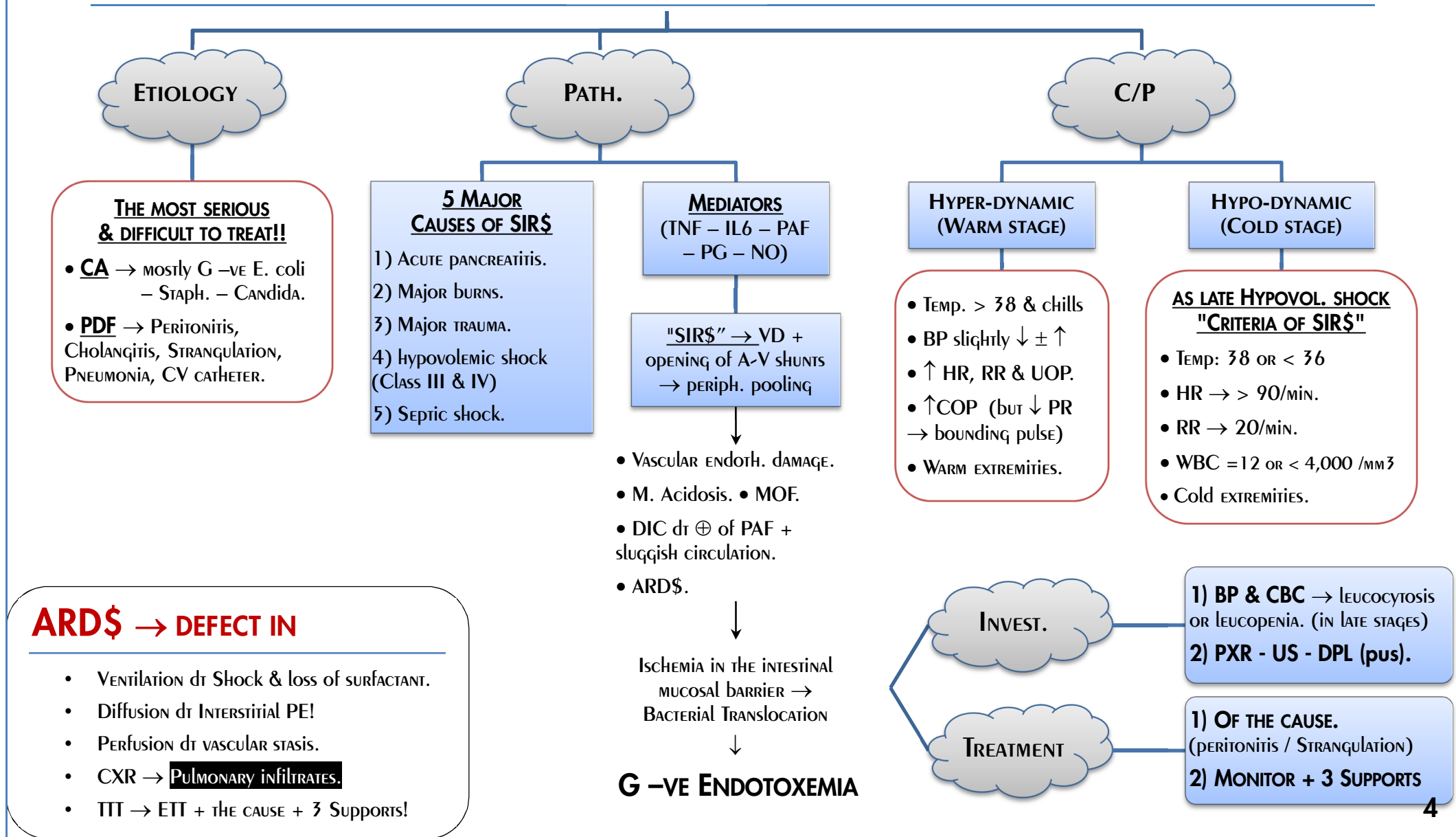
**4) ORGAN** → MOF. (Specially ANURIA & RF)

# Classification & Treatment

|                  | CLASS I             | II          | III                 | IV                    |
|------------------|---------------------|-------------|---------------------|-----------------------|
| 1) BLOOD LOSS    | 15 %                | 30 %        | 40 %                | > 40 %                |
| 2) PULSE/MIN     | >90 < 100           | > 100       | > 120               | >140                  |
| 3) BP            | NORMAL              | NORMAL      | low                 | low                   |
| 4) RR            | 14-20 (NORMAL)      | 20-25       | 25-30               | > 30                  |
| 5) URINE (ML/H)  | 30-50 ml/h (NORMAL) | 20-30       | 10-20               | 0-10                  |
| 6) MENTAL STATUS | ALERT               | ANXIOUS     | AGGRESSIVE & drowsy | DROWSY TO UNCONSCIOUS |
| 7) SKIN          | NORMAL              | PALE & cold | PALE & cold         | PALE & cold           |



# SEPTIC "ENDOTOXIC" SHOCK



# COMPLICATIONS OF BL. TRANSFUSION

|   | PROBLEM  | CAUSE                          | C/P  | TTT  |
|---|--|--------------------------------|--|--|
| <b>EARLY</b>  | <b>FEBRILE REACTIONS (M/C)</b>                 | Minor bacterial contamination. | FAHM-R, NV.  | 1) <b>STOP TRANSFUSION.</b><br>2) <b>IV ANTI-HISTAMINICS</b> & hydrocortisone.   |
|   | <b>ALLERGIC REACTIONS</b>                      | Allergens in the donor blood.  | ranging from mild itching & urticarial<br>→ up to laryngeal edema & shock  | As above   |
|   | <b>HEMOLYTIC REACTIONS (M/D)</b>               | ABO incompatibility.           | <u><b>EARLIEST → PAIN AT SITE OF TRANSFUSION.</b></u><br><ul style="list-style-type: none"> <li>Fever, Rigors, NV.</li> <li>Chest pain, dyspnea &amp; cyanosis.</li> <li>Hypotension &amp; Tachycardia.</li> <li><b>IF COMATOSED → Bl. tendency.</b></li> <li><b>IF SEVER</b> → Jaundice, DIC, ARF&amp; hemoglobinuria, pain in flanks!</li> </ul> | 1) <b>STOP THE TRANSFUSION.</b><br>2) <b>SHOCK</b> → IV crystalloids & Steroids.<br>3) <b>MONITOR UOP</b> by <b>FOLEY'S CATHETER.</b><br>4) <b>MANNITOL OR ALK. OF URINE</b> by $\text{NaHCO}_3$ . |
|   | <b>AIR EMBOLISM</b>                            |                                | <b>1) BECK'S TRIAD.</b><br>2) <b>MILL-WHEEL murmur</b> over the heart.   | 1) <b>O<sub>2</sub> MASK.</b><br>2) <b>PLACE THE PT. ON HIS LT SIDE</b> with head down.<br>3) <b>ASPIRATION OF THE RV.</b>   |
|   | <b>THROMBOPHLEBITIS</b> in the recipient vein. |                                |  |  |
| <b>MASSIVE</b><br>AT 2500 ml<br>blood AT ONE<br>TIME OR<br>5000 ml<br>OVER 24 HRS | <b>CHF</b>                                     | Elderly with sick heart        |  | 1) <b>PACKED RBCs.</b> (better)<br>2) <b>O<sub>2</sub> MASK, LASIX IV, DIGITALIS.</b>  |
|   | <b>HYPER-KALEMIA</b>                           | dt destroyed RBCs              |  | <b>GLUCOSE-INSULIN INFUSION.</b>   |
|   | <b>HYPO-THERMIA</b>                            | Prolonged storage of bl.       | Arrhythmia up to arrest  | <b>SPECIAL WARMING UNIT.</b>   |
|   | <b>CITRATE TOXICITY</b>                        | Binds to Ca.                   | Acidosis & arrest  | <b>10 ML OF 10 % CA GLUCONATE.</b>   |
|   | <b>COAG. FAILURE</b>                           | ↓ factors V & VIII.            | <b>EARLIEST</b> → tingling & circum-oral numbness<br>-ms twitches & tetany.  | <b>1 UNIT OF FFP + PLATELETS / UNIT STORED BLOOD</b>   |

C) LATE → blood borne infections → AVOIDED by → SCREENING. (CMV is SCREENED for only in SPECIAL groups!)

NB

**COMPLICATIONS OF DONOR =** Thrombo-phlebitis, - hypovolemic shock. (if massive) - Vaso-vagal attack.

# COAGULATION DEFECTS

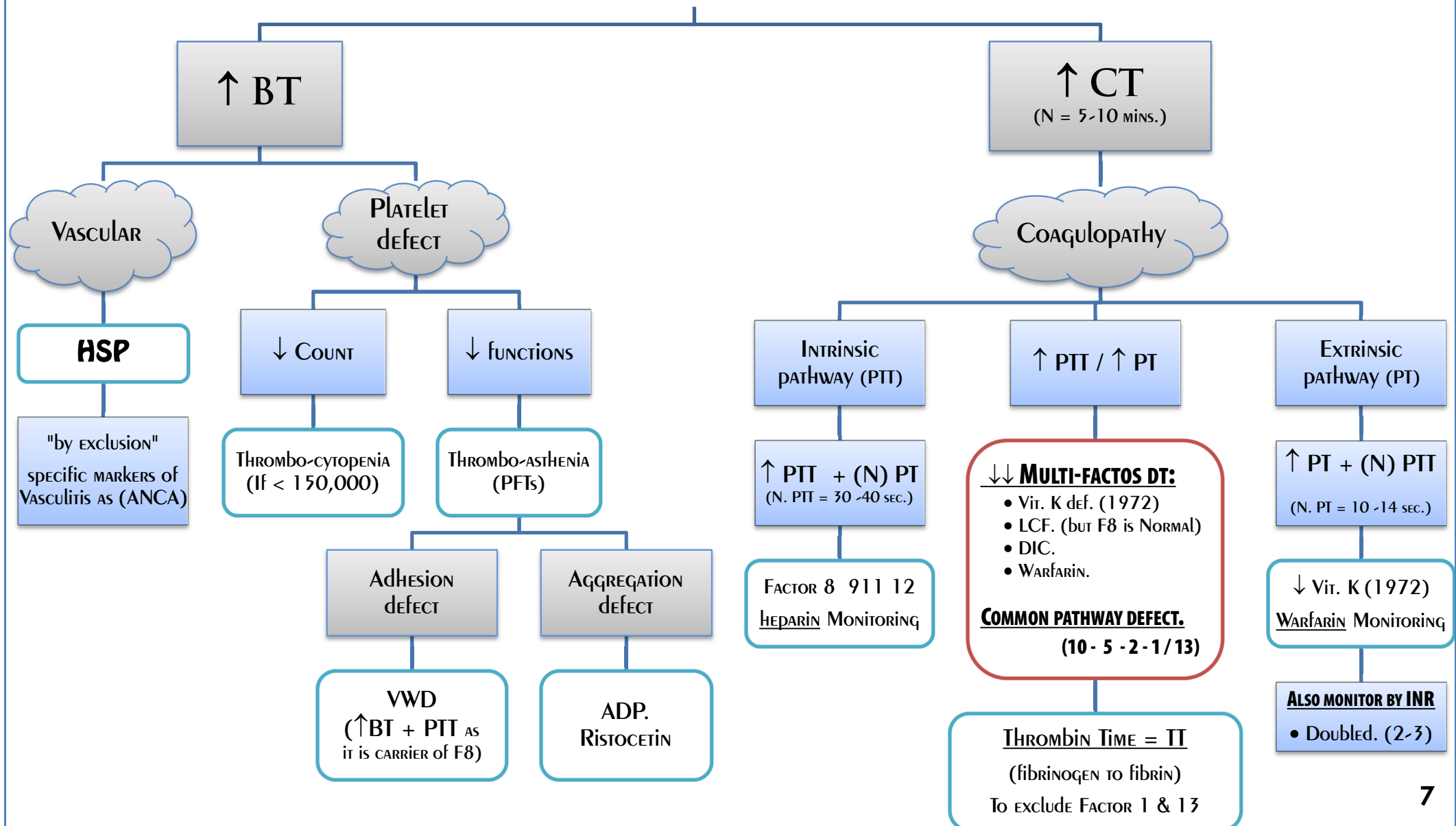
|                          | INTRINSIC PATHWAY  | EXTRINSIC PATHWAY   |
|--------------------------|--|---|
| <b>PATH.</b>             | 1) ⊕ by CONTACT of blood with collagen of damaged vs. or TABLE / GLASS<br><br>2) FACTOR 12 → 11 → 9 → 8 (ANTI-HEMOPHILIC GLOBULIN) | <u>NEEDS TISSUE FACTOR (T. DAMAGE)</u><br>→ F <sub>3</sub> (TISSUE THROMBOPLASTIN FROM SUB-ENDOTH)<br>→ COMBINES WITH (F <sub>7</sub> ) (PRO-CONVERTIN)<br>→ TF-F <sub>3</sub> COMPLEX<br>→ + F <sub>5</sub> + IN PRESENCE OF CA & PHOSPHOLIPIDS. |
| <b>FOLLOW UP</b>         | PTT  | PT OR INR (0.8-2.3)   |
| <b>DRUG THAT (-) IT:</b> | <u>HEPARIN &amp; CLEXAN (LMWH):</u><br>"SEE VASCULAR"  | <u>WARFARIN</u><br>"SEE VASCULAR"   |

NB

- Both PTT & PT ARE NORMAL IN PLATELETS OR VASCULAR DEFECTS.
- Both ↑↑ IN CASE OF COMMON PATHWAY DEFECT.
- ACQUIRED DEFECTS > INHERITED DEFECTS. (CLD & ITP)
- PROTEIN C & S ARE VIT K DEPENDENT / ⊕ BY THROMBIN-THROMBOMODULINE-COMPLEX (FROM ENDOTH) + F 5 & 7 (NOT 8)

| HEMOPHILIA  | VWF DISEASE   |
|---|---|
| <ul style="list-style-type: none"> <li>• M/C INHERITED ClOTting DEFECT.</li> <li>• 2<sup>nd</sup> M/C BLEEDING DISORDER.</li> <li>• A=FACTOR 8 DEF. B= FACTOR 9 (CHRISTMAS FACTOR)</li> <li>• NORMAL PT &amp; B – PROLONGED PTT &amp; CT.</li> <li>• <b>NB: FFP DOESN'T CONTAIN F8 &amp; FIBRINOGEN.</b></li> </ul> | <ul style="list-style-type: none"> <li>• M/C INHERITED bl. DISORDER. (AD)</li> <li>• FORMED BY α GRANULES IN PLATELETS &amp; ENDOTH. CELLS.</li> <li>• HELPS IN → PLATELET AGG. &amp; CARRIER FOR F8.</li> <li>• <u>TTT:</u> <ol style="list-style-type: none"> <li>1) <u>MILD</u> → Vasopressin or Desmopressin.</li> <li>2) <u>SEVER</u> → plasma purified FACTOR 8 OR Cryo PPT. (CONTAINING MORE fibrinogen &amp; FACTOR 8)</li> </ol> </li> </ul> |

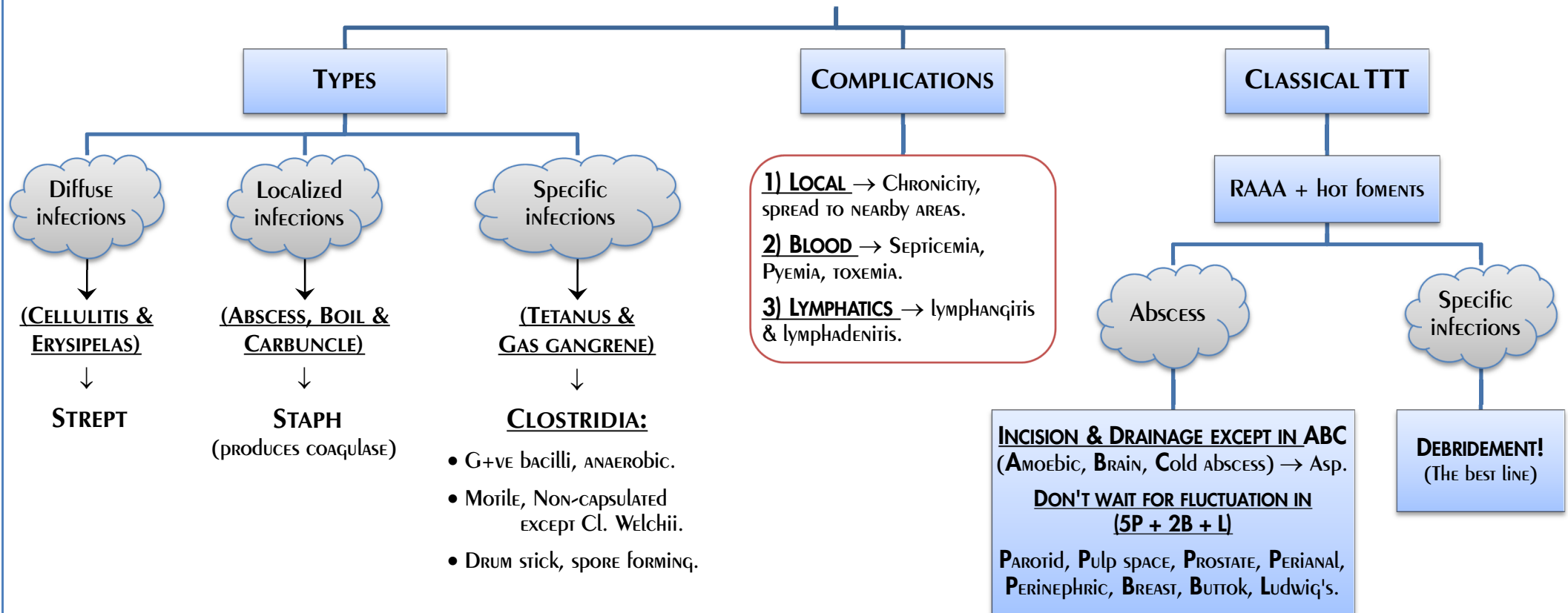
# INVESTIGATIONS for BLEEDING Tendency





# SURGICAL INFECTIONS

5 CARDINAL symptoms of inflammation  
→ RHTS + limitation of MOVEMENT



## NB:

- M/C ANAEROBE in COLON → **B. FRAGILIS**.
- M/C ORG. in Abd. Abscess → **E. COLI**.
- **BACTEROIDES** → OROPHARYNX, COLON, VAGINA. (NOT IN URINARY TRACT)

## FOURNIER'S GANGRENE:

- Idiopathic GANGRENE of the **SCROTUM**.
- Testis is usually **NORMAL**.
- CAN OCCUR in ANY PERSON, healthy OR IC.
- TTT → **DEBRIDEMENT** of the SCROTUM + Graft or flap.

|       | CELLULITIS   | ERYSIPELAS  | ABSCESS   | CARBUNCLE   |
|-------|--|---|---|---|
| DEF.  | Diffuse SC inflammation  | Diffuse inflammation of <b>THE SUPERf.</b> lymphatics (RARELY SPREADS TO THE DEEP TS)   | Localized suppurative inflammation  | ACUTE infection of the SC tissue  |
| ETIO. | $\beta$ -HEMOLYTIC STREPT.   | $\beta$ -HEMOLYTIC STREPT.  | <b>STAPH.</b> (COAGULASE +VE)<br>ROI (from Outside / NEAR by / blood / lymphatics)  | Staph.  |
| C/P   | <b>FAHM + 5 CARDINAL</b> <ul style="list-style-type: none"> <li>Ill-defined edge.</li> <li>LN ++, TENDER, mobile.</li> </ul> | <b>FAHM + 5 CARDINAL + ...</b> <ul style="list-style-type: none"> <li>Active well def. edge.</li> <li><b>RAISED with vesicles CONTAINING highly infective discharge</b></li> <li>NB: Erysepilas affects the auricle of the ear, while cellulitis doesn't. (No SC tissue <math>\rightarrow</math> <b>Millan's sign</b>)</li> </ul> | <ul style="list-style-type: none"> <li><b>BEFORE SUP. <math>\rightarrow</math> AS CELLULITIS.</b></li> <li><b>AFTER SUPPURATION <math>\rightarrow</math> ABSCESS:</b> <ol style="list-style-type: none"> <li>Throbbing pain.</li> <li>HECTIC FEVER.</li> <li>Edema of skin overlying.</li> <li>DON'T WAIT FOR FLUCTUATION. (5P + 2B)</li> </ol> </li> </ul> <p><b><u>PATHOLOGY = 3 ZONES "MENTION IN ANY ABSCESS":</u></b></p> <ol style="list-style-type: none"> <li><u>Central zone</u> = <i>Coag. necrosis followed by liquefactive nec. dt release of proteolytic enzymes from leucocytes.</i></li> <li><u>Intermediate zone</u> = <i>Pyogenic membrane = granulation t. forms a protective layer against spread of bacteria &amp; toxins.</i></li> <li><u>periph. zone</u> = <i>Acute inflam.</i></li> </ol> <p><b><u>WRITE THE PATH. OF AMOEBIC &amp; COLD ABSCESS.</u></b></p> | <p><b><u>SITE: NAPE OF NECK (M/C) OR DORSUM OF HAND, LIPS, CHEEKS!</u></b></p> <p><b><u>GENERAL <math>\rightarrow</math> SEVER TOXEMIA</u></b></p> <p><b><u>LOCAL <math>\rightarrow</math> Painful dusky red swelling, AT 1<sup>st</sup> INDURATED THEN SOFTENS AT ! CENTER</u></b></p> <p><math>\rightarrow</math> Multiple pastules appear<br/> <math>\rightarrow</math> Open with multiple sinuses<br/> <math>\rightarrow</math> Discharging pus<br/> <math>\rightarrow</math> Cribiform appearance!</p> |
| COMP. | SCHEME + RHEUMATIC FEVER OR GN   | SCHEME + RHEUMATIC FEVER OR GN & CST if affects the FACE!!  | 3) <u>periph. zone</u> = <i>Acute inflam.</i><br><b><u>WRITE THE PATH. OF AMOEBIC &amp; COLD ABSCESS.</u></b>   | SCHEME+ <b>CST, NECROTIZING fasciitis &amp; infective GANGRENE!</b>   |
| TTT   | RAAA ( <b>Penicillin</b> ) + HOT FOMENTS   | RAAA ( <b>Penicillin</b> ) + HOT FOMENTS  | Before suppuration $\rightarrow$ as cellulitis  | $\uparrow$ GC + ABS ACC.TO C&S + <b>Debridement</b>   |

### INCISION & DRAINAGE UNDER GA

"NOT LA DUE TO INFECTION + OPENS NEW PLANES HELPING IN SPREAD"

#### INCISION

- 1) LONG dependent incision.
- 2) NEVER CROSSES THE SKIN CREASE.
- 3) PARALLEL TO VS. & NERVES.
- 4) HILTONS' METHOD IN: NECK, AXILLA, PAROTID, BREAST.
- 5) BREAK THE SEPTA BY FINGER.
- 6) PO dressing.

#### DRAINAGE

CHRONIC ABSCESS  $\rightarrow$  EXCISION.  
 WRITE INDICATIONS OF ABC abscess asp. + it's tech.

| PAROTID  | BREAST  | PERIANAL  |
|--|---|---|
| <u>Longitudinal. skin incision.</u><br><i>Open the fascia transversely</i><br>$\rightarrow$ introduce a closed sinus forceps<br>$\rightarrow$ open transv. $\rightarrow$ withdrawn semi-opened,<br>$\rightarrow$ rubber drain is inserted semi-opened! | <u>Radial OR CIRCUM-AREOLAR incision OVER THE MOST TENDER AREA</u> <ul style="list-style-type: none"> <li>Finger to break the septa .</li> <li>Counter incision is a must in a non-dependable area</li> </ul> | <u>Lithotomy pos. + CRUCIATE incision</u> <ul style="list-style-type: none"> <li>Finger to break the septa .</li> <li>Perianal fistula <math>\rightarrow</math> laid-open<sup>g</sup>.</li> </ul> |

|             | TETANUS   | GAS GANGRENE  |
|-------------|---|---|
| ETIOLOGY    | <p><b>CLOSTRIDIA TETANI</b> SECRETES <b>TETANOPASMIN (POWERFUL EXOTOXIN)</b></p> <p><b>PDF</b></p> <p><u>Anti-CHOLINE ESTRASE</u> → SUSTAINED TONIC CONTR. dt ⊕ of AHCs.</p> <p><u>HYPEREXCITABILITY</u> → CONVULSIONS</p> <p>• DEEP WOUNDS + ↓ bl. supply.<br/>• FB, blood clots, NECROTIC T.<br/>• PYOGENIC INFECTION.<br/>• T. ANOXIA dt SHOCK OR HqE.</p>   | <p><b>SACROLYTIC GROUP "LECITHENASE"</b></p> <p><u>HEMOLYSIS &amp; THROMBOSIS</u> + NECROSIS OF MS</p> <p><u>ACTS ON MS. GLYCOGEN</u> → CO<sub>2</sub> &amp; H<sub>2</sub> (GASES) → PAVES THE WAY TO..</p> <p><b>PROTEOLYTIC GROUP</b></p> <p><b>CL. WELCHII</b> SECRETS EXOTOXIN</p> <p>→ ACTS ON MS PROTEINS<br/>→ NH<sub>3</sub> + H<sub>2</sub>S + IRON<br/>→ OFFENSIVE ODOUR &amp; black colour (F<sub>2</sub>S)!</p> |
| IP          | VERY VARIABLE ( 2 – 21 days)  | up to 48 hours  |
| C/P         | <p><b>INCUBATION PERIOD</b></p> <p>• LOW GRADE FEVER. (± SUBNORMAL dt SEPTIC SHOCK)<br/>• TACHYCARDIA.<br/>• MS. TWITCHES AT THE WOUND.</p> <p><b>TONIC CONTRACTIONS IN A DESC. MANNER</b></p> <p>• TRISMUS. (lock jaw)<br/>• RISUS SARDONICUS.<br/>• PAINFUL NECK STIFFNESS.<br/>• THE WHOLE BODY.</p> <p><b>CLONIC SPASM: CONVULSIONS</b></p> <p>• ON MINOR STIMULI.<br/>• OPISTHOTONUS.<br/>• TONIC MS RIGIDITY IN BET. CONVULSIONS.</p>   | <p><b>GENERAL</b></p> <p>• LOW GRADE FEVER. (± SUBNORMAL)<br/>• TACHYCARDIA.<br/>• DRY TONGUE, JAUNDICE dt HEMOLYSIS.</p> <p><b>LOCAL</b></p> <p>• BURNING PAIN, DARK RED, OFFENSIVE DISCHARGE, CREPITUS.<br/>• SKIN → PALE OR PURPLE.<br/>• MS → black &amp; lose it's CONTRACTILE POWER.</p>  |
| COD         | HYPERPYREXIA / Resp. failure / HF / Asphyxia / M. acidosis.   | SEPTICEMIA & SEPTIC SHOCK!  |
|             | DD = STRYCHNINE POISONING (FREE IN BET. ATTACKS) – MENINGITIS – TETANY – RABIES.  | INVEST. = X-RAY → GAS. / C&S → NAGLER'S TEST.   |
| PROPH.      | <ul style="list-style-type: none"> <li>• <b>ACTIVE</b> → DPT AT 2,4, 6... BOOSTER AT 1.5 ys, 5ys &amp; EVERY 10 ys. (0.5 ml )</li> <li>• <b>PASSIVE</b> → TIG TO WOUNDED PTS. WITH NO ACTIVE IMMUNITY OR INCOMPLETE VAC. / OR HISTORY OF LAST BOOSTER DOSE &gt; 10 ys.</li> </ul>   | <ul style="list-style-type: none"> <li>• <b>ACTIVE</b> → Penicillin G.</li> <li>• <b>PASSIVE</b> → Anti-gas GANGRENE SERUM.</li> </ul>  |
| ACTIVE TTT. | <p>1) TIG IN LARGE DOSES. (3000 IU)</p> <p>2) Penicillin G.</p> <p>3) MS RELAXANTS + MECH. VENTILATION.</p> <p>4) <b>DEBRITMENT. (MOST IMPORTANT)</b></p> <p>5) EFFICIENT NURSING → dark ROOM, NUTRITION, RECTUM &amp; bladder.</p> <p><b>CL. VARIANTS = 6 (3 X 2)</b></p> <p>1) ACUTE FULMINATING. (IP &lt; 2days)</p> <p>2) CHRONIC TETANUS. (Incomplete vac. + long IP)</p> <p>3) POST-OP TETANUS dt inadequate sterilization of cat gut or instruments.</p> <p>4) TETANUS NEON dt infected umbilical stump.</p> <p>5) CEPHALIC dt face or scalp wound.</p> <p>6) CRYPTOGENIC dt puncture.</p> | <p>1) Penicillin G in large doses. (10 – 40 million IU / day)</p> <p>2) Hyper baric O<sub>2</sub>.</p> <p>3) <b>MASSIVE DEBRIDEMENT + H<sub>2</sub>O<sub>2</sub>. (MOST IMPORTANT)</b></p> <p>4) <b>AMPUTATION IN EXTENSIVE CASES ABOVE LEVEL OF THE GAS.</b></p> <p>5) ANEMIA &amp; JAUNDICE → BLOOD TRANSF.</p> <p>6) Anti-gas GANGRENE SERUM. (THE LEAST imp.)</p>   |

# HAND INFECTIONS

## ANATOMY (BOUNDARIES)

**PARONYCHIA** IN THE hidden part of the nail bed. (M/C)

**PULP SPACE** Felon-Whitlow. (2<sup>nd</sup> M/C)

**WEB SPACE** FROM the distal palmar crease TO the base of the fingers.

**DEEP MID PALMAR**

- **Ant.** → flexor tendons & lumbrics.
- **Post.** → BONE & INTEROSSEI.
- **Lat.** → fascial septum extending from the palmar aponeurosis TO 3<sup>rd</sup> MC.
- **Med.** → ..... TO 5<sup>th</sup> MC.

**THENAR SPACE**

- **Ant.** → flexor tendon. (F. Polices Longus)
- **Post.** → Adductor polices.
- **Lat.** → fascial septum extending from the palmar aponeurosis TO 1<sup>st</sup> MC.
- **Med.** → ..... TO 3<sup>rd</sup> MC.

**PARONA SPACE** (FOREARM) IN WRIST BETWEEN THE flexor tendons & PRONATOR QUADRATUS.

**TENO-SYNOVITIS**

- 1) **SYNOVIAL SHEATH OF THE MID. 3 FINGERS:** FROM MCP TO the base of dx. phal.
- 2) **THUMB & LITTLE FINGERS:** FROM the base of distal phalanges...THEN??

Communicating  
in 75% of cases

- A) **Radial bursa:** CONTAINS FPL tendon & CONTINUES with the synovial sheath of thumb TO END 3 cm px. TO the dx. CREASE of wrist.
- B) **ULNAR bursa:** CONTAINS TENDONS of ! OTHER 4 fingers (wider) & CONTINUES with the synovial sheath of ! **LITTLE** finger TO END 4 cm ABOVE the wrist.

## GENERAL SCHEME

➤ **ETIO.** CA → Staph.

ROUTE

- DIRECT ABRASIONS.
- SPREAD FROM NEARBY SPACE.
- RARELY blood & lymphatics.

➤ **C/P**

- FAHMR + DORSAL EDEMA  
**EXCEPT PARONYCHIA & pulp space. (NARROW)**
- 5 CARDINAL = RHTS + Limited painful mov.
- **DEFORMITY. (VIP)**

➤ **COMP.**

- A) **DIRECT** → TO NEARBY space.
- B) **BLOOD** → Toxemia, Pyemia, Septicemia.  
**(EXCEPT IN PARONYCHIA & pulp space)**
- C) **LYMPHATICS** → lymphadenitis & lymphangitis.

➤ **INVEST** PXR only in pulp space inf. → OSTEOMYELITIS?

➤ **TTT**

- 1) **RAAA + HOT FOMENTS.**
- 2) **INCISION?? + DRAINAGE UNDER GA:**
  - NEVER wait for fluctuation.
- 3) **POST OP. CARE:**
  - Drain is left for 48 hrs. by tull grass.
  - DRESSING / 24 HRS. & If soaked OR fever → EARLY dressing + ABS.
  - Hand is put to position of MAX. **REST?**  
EXCEPT PARONYCHIA & pulp. (NO NEED)

# TABLE OF HAND INFECTIONS

|   | PARONYCHIA  | PULP SPACE   | WEB SPACE   | DEEP MID-PALMAR  | THENAR SPACE   | TENOSYNOVITIS   |
|---|---|--|---|--|--|---|
| <b>ETIOLOGY:</b><br>• SCHEME.<br>• NEARBY SPACE.  | Mostly DIRECT   | Mostly from the distal volar<br><b>(FELON – WHIT LOW)</b>  | <b>ALWAYS 2<sup>RY</sup> TO INFECTION:</b><br>Callosities, infected blister.<br><b>NEAR BY SPACES:</b> <ul style="list-style-type: none"> <li>• Adjacent web space.</li> <li>• Proximal volar.</li> <li>• DMP &amp; THENAR SPACE via the lumbricle tunnel.</li> </ul> | <ul style="list-style-type: none"> <li>• Pulp space. M/C)</li> <li>• Web &amp; Th. space.</li> <li>• TENOSYNOVITIS.</li> </ul>                   | Mostly from DMP & Web space.   |   |
| <b>CL./P</b><br><b>SCHEME + DEFORMITY</b>   | No FAHM OR dorsal edema.<br>No Deformity.   | No FAHM.<br><b>LOSS OF PULP RESILIENCE.</b>  | <b>WIDE SEPARATION</b> of the related finger  | Semi flexion of the med. 3 fingers<br><b>(FROG HAND AS TENO-SYNOVITIS)</b>   | <ul style="list-style-type: none"> <li>• Ballooning of ! THENAR EMINENCE.</li> <li>• Abd. of thumb.</li> </ul>   | 1) <b>MIDDLE 3 FINGERS</b> → semi-flexion → <b>HOOK SIGN</b> (as frog sign of DMP) point of MAX. TENDERNESS AT <b>CUL DE SAC</b><br>2) <b>THUMB OR RADIAL BURSA</b> → flexion of thumb.<br>3) <b>ULNAR</b> → flexion of med. 3 fingers.<br><b>KANAVAL'S SIGN:</b> AREA of MAX. TENDERNESS BET. THE 2 palmar CREASES |
| <b>COMP.</b><br><i>Direct spread to nearby space</i>  | Lymphangitis & lymphadenitis<br>Subungual abscess   | Osteomyelitis of terminal 2/3 of the dx. phalanx   | • SEE ABOVE   |  |  |   |
| TREATMENT = SCHEME + DRAINAGE INCISION??  |   |  |   |  |  |   |
| 1) IF EARLY → <b>ABS + REST</b><br>2) IF ON 1 SIDE → V-shaped incision.<br>3) IF ALL AROUND → <b>CURVED INCISION</b> → RECTANGULAR skin flap is reflected px. → DRAINAGE.<br>4) IF PUS UNDER NAIL BED. <b>(SUB-UNGUAL)</b> → Excision of px. 1/3 of the nail. | <b>EARLY:</b> straight incision <b>LAT.</b> to the pulp.<br><b>LATE:</b> COUNTER incision.<br><br><b>HOCKEY STICK INCISION</b> for SEQUESTRECTOMY in case of Osteomyelitis. | <b>TRANSV. INCISION</b> ON THE palmar surface of web 1 cm from the free margin at the site of MAX. TENDERNESS to avoid inj. of digital vs. & ns.<br><br><b>AFTER DRAINAGE → PRESS ON PALM</b> → pus COMES OUT → drain the DMP space. | <b>TRANSV. INCISION</b> of the web 1 cm from the free margin at the site of MAX. TENDERNESS!<br><br><b>+ COUNTER INCISION</b> OVER the web space if it's affected!  | <b>CURVED INCISION</b> AT THE lower border of the 1 <sup>st</sup> INTEROSSEUS ON THE dorsal aspect<br>↓<br>Sinus forceps introduced for DRAINAGE | 1) <b>MIDDLE 3 → 2 TRANSV. INCISIONS</b> , 1 AT MCP (cul de sac) & THE OTHER OVER DIP joint + <b>URETERIC CATHETER IRRIGATION</b> by Saline & ABS.<br><i>"If persistent discharge = Tendon necrosis → Excision + trans-fixation of the px. part to avoid spread of infection"</i><br>2) <b>RADIAL BURSA</b> → incision along the ulnar side of ! THENAR EMINENCE 4 cm dx. to distal crease of wrist.<br>3) <b>ULNAR BURSA</b> → incision along the radial side of the hypoth. eminence<br><b>HENERY'S INCISION?!</b> |   |

# SALIVARY GLAND

|         | SALIVARY STONES  | RANULA  | ACUTE PAROTIDITIS OR ABSCESS   |             |         |         |         |  |   |
|---------|--|---|--|-------------|---------|---------|---------|--|---|
| ETIO.   | <ul style="list-style-type: none"><li><b>MOSTLY RADIO-OPAQUE.</b></li><li><b>PDF:</b> mucinous secretions, ↑Ca content, independent drainage of the duct → <b>Mainly SM</b></li></ul> <table><tr><th>PAROTID</th><th>SUB-MANDIBULAR</th><th>SUB-LINGUAL</th></tr><tr><td>80 % RL</td><td>60 % RO</td><td>80 % RO</td></tr></table>   | PAROTID   | SUB-MANDIBULAR   | SUB-LINGUAL | 80 % RL | 60 % RO | 80 % RO | <ul style="list-style-type: none"><li>EXTRAVASATION OR RETENTION cyst arising from a damaged <b>SL OR MINOR saliv. gland.</b></li><li><b>SIMPLE TYPE</b> → ON 1 side of the floor of mouth &amp; may cross the midline.</li><li><b>THOMPSON'S</b> = Plunging ranula → swelling escapes below myo-hyoid ms to the <b>SM REGION.</b></li></ul> | <ol style="list-style-type: none"><li><b>VIRAL:</b> Mumps, in Childhood, bilat. &amp; self-limited → Orchitis, pancreatitis &amp; enceph.</li><li><b>BACTERIAL = SUPPURATIVE DUE TO:</b><ul style="list-style-type: none"><li>STONE. (v. RARE)</li><li><b>POST OP. (M/C):</b> Staph. REACHES the gl. via the duct dt stasis of salivary sec.</li><li>Sialo-ECTASIA.</li></ul></li></ol> |
| PAROTID | SUB-MANDIBULAR   | SUB-LINGUAL   |  |             |         |         |         |  |   |
| 80 % RL | 60 % RO  | 80 % RO   |  |             |         |         |         |  |   |
| C/P     | <p><b>PAIN + ATTACKS OF SALIVARY COLICS</b><br/>(esp. ON SOUR food NEVER DRYNESS)</p> <p><b>SIGNS:</b></p> <ul style="list-style-type: none"><li>TENDER SM swelling.</li><li>ORFICE of duct is CONGESTED &amp; EDEMATOUS.</li><li>STONE palpated in <b>THE duct</b> from inside of mouth.</li></ul> <p><b>INVEST:</b></p> <ol style="list-style-type: none"><li>PXR (PANORAMIC view) → mostly RO.</li><li>Sialography → filling defect.</li><li>CT BUT NO US. (parotid is behind the mandible)</li></ol> | <p><b>FLUID SWELLING IN FLOOR OF MOUTH:</b></p> <ul style="list-style-type: none"><li>DOESN'T CROSS midline dt frenulum of tongue.</li><li>BLuish, TRANSLUCENT &amp; VS. RUN OVER ITS SURFACE.</li><li>CROSSED by the SM salivary duct.</li></ul> | <ul style="list-style-type: none"><li>FAHM + RHTS IN PAROTID REGION.</li><li><b>RAISING THE EAR LOBULE.</b></li></ul> <p><b>COMPLICATIONS = PAROTID ABSCESS:</b></p> <ul style="list-style-type: none"><li>Throbbing pain.</li><li>HECTIC FEVER.</li><li>Overlying skin edema.</li><li><b>DON'T WAIT FOR FLUCTUATION</b><br/><b>"WRITE PATHOLOGY OF ABSCESS"</b><br/>(SEE ABSCESS)</li></ul> |             |         |         |         |  |   |
| COMPL.  | <ul style="list-style-type: none"><li>ACUTE sialoadenitis &amp; SM abscess. (SEE ABOVE)</li></ul>  |   |  |             |         |         |         |  |   |
| DD      | <b>SUBMANDIBULAR LN.</b> (multiple , rolled over the jaw)  |   | Swelling in PAROTID region (SEE b4)  |             |         |         |         |  |   |
| TTT.    | <ol style="list-style-type: none"><li><b>STONE IN DUCT</b> → Incise + REMOVE it UNDER LA.</li><li><b>IN GLAND OR RECURRENT</b> → SialoadENECTOMY.</li><li><b>ABSCESS</b> → incision (parallel to the lower border of the mandible) → DRAINAGE + ABS.</li></ol>   | <ol style="list-style-type: none"><li><b>MARSUPIALIZATION (DE-ROOFING)</b> = SUTURING the CUT edge to the MUCOSA of floor of mouth → cavity becomes part of the floor.</li><li><b>COMPLETE EXCISION.</b> (difficult dt friable wall)</li></ol>    | <ol style="list-style-type: none"><li><b>ACUTE SUP. → RAAA.</b> (Clindamycin dt its ↑ CONC. in salivary SECRETION)</li><li><b>IF NO RESPONSE &gt; 48 HRS = ABSCESS</b><br/>→ <b>Blair's incision &amp; Hilton's</b> UNDER GA.</li></ol>  |             |         |         |         |  |   |

# PAROTID GLAND

## TUMORS

### BENIGN

- 1) PLEOMORPHIC. (80%)
- 2) MONOMORPHIC ADENOMA.  
(ADENOLYMPHOMA = WARTHIN'S TUMOR)

### MALIGNANT

#### LOW GRADE

- ADENOID CYSTIC CARCINOMA.
- LOW GRADE MUCO-EPIDERMAL CARCINOMA.

#### HIGH GRADE

- 1) HIGH GRADE MUCO-EPIDERMAL CARCINOMA.
- 2) SCC. (WORST PROG.)
- 3) ADENOCARCINOMA.
- 4) LYMPHOMA.

## SWELLING IN PAROTID REGION

|                       |   |
|-----------------------|---|
| 1) SKIN & SC TISSUE   | Sebaceous - Dermoid - Lipoma.   |
| 2) PAROTID LNS        | Lymphadenitis - Lymphoma.   |
| 3) PAROTID GLAND      | <ul style="list-style-type: none"> <li>a) Acute &amp; Ch. Sialadinitis.</li> <li>b) Tumors.</li> <li>c) Sjogren's disease.</li> </ul>                                   |
| 4) MANDIBLE & MAXILLA | <ul style="list-style-type: none"> <li>a) Admantioma.</li> <li>b) Sarcoma or Osteoclastoma.</li> <li>c) Osteo-myelitis.</li> <li>d) Hypertrophy of masseter.</li> </ul> |

|          | PAROTID   | SUBMANDIBULAR | SUBLINGUAL     |
|----------|---|---------------|----------------|
| SECR.    | SEROUS  | MUCUS         | THE MOST MUCUS |
| MAIN DS. | TUMORS 80%                                      | STONES        | RANULA         |
| TUMORS   | MAINLY BENIGN. 80%<br>(80% pleomorphic adenoma) | 70 % BENIGN   | MAINLY MALIG.  |
| STONES   | 80 % RL   | 60 % RO       | 80 % RO        |

MINOR SALIVARY GLANDS → 95% MALIGNANT



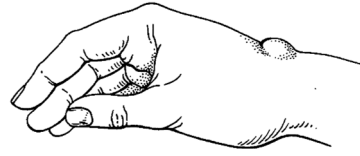
|         | PLEOMORPHIC ADENOMA<br>(MIXED SALIVARY TUMOR)   | MONOMORPHIC ADENOMA<br>(ADENO-LYMPHOMA = WARTHIN TUMOR)<br>"PAPILLARY CYSTADENOMA LYMPHOMATOSA"  | ADENOID CYSTIC<br>CARCINOMA  |
|---------|---|--|--|
| AGE     | 20 – 30 ys. / Equal sex (M/C 80 %)  | 40 ys. / males   | Low grade maliq. tumor   |
| ORIGIN  | BENIGN TUMOR ARISING FROM THE EPITH. OF THE PAROTID   | Ectopic parotid t. in parotid LNs inside ! gl.   |  |
| MAC     | <ul style="list-style-type: none"> <li>Unilateral, affecting the superf. lobe mainly.</li> <li>Well defined.</li> <li>Incomp. capsule → <math>\mu</math>-infiltr. &amp; satellite lesions (multi-centric)</li> </ul>  | <ul style="list-style-type: none"> <li>Superficial lobe.</li> <li>10 % bilateral. (as Wilm's &amp; Pheochr.)</li> <li>Complete capsule.</li> </ul>   | <ul style="list-style-type: none"> <li>Hard, irregular.</li> <li>Spread → Direct &amp; lymphatic → upper &amp; lower deep Cx. LNs<br/>"perineural spread = early pain to ear"</li> </ul>   |
| MIC     | <ul style="list-style-type: none"> <li>Cuboidal to Columnar cells arranged in sheets.</li> <li>CT stroma with myxomatous degeneration as cartilage.</li> <li>"Adenoma with pleomorphic stroma"</li> </ul>   | Columnar cells forming tubules containing creamy material → Cystic lymphocytic infiltr. → the only mass in parotid appears hot by Tc   | Anastomosing cords, arranged in cylinders, filled with mucin.  |
| C/P     | <p><b>PAINLESS SWELLING:</b></p> <ul style="list-style-type: none"> <li><b>SITE</b> → Parotid region. (painful if capsule is distended)</li> <li><b>SIZE</b> → Moderate.</li> <li><b>SHAPE</b> → Oval.</li> <li><b>SURFACE</b> → Smooth.</li> <li><b>SPECIAL CCC.</b> → Raising the ear lobe</li> <li><b>SKIN OVERLYING</b> → Normal.</li> <li><b>CONSISTENCY</b> → Firm to hard.</li> <li><b>EDGE</b> → well defined.</li> </ul> <p><b>MALIG. TRANSF. IN 2-3 % = 4 CRITERIA:</b></p> | <p>✓ but consistency = Solid with cystic degeneration. (cystadenoma)<br/>NEVER TURN MALIGNANT.</p> <p><b>BIOPSY IS CONTROVERSIAL in:</b><br/>PAROTID, PANCREAS, HCC &amp; RCC!</p> <p>THE SAME BUT HOT NODULE BY Tc<br/>dt lymphocytic infiltration.</p> | <p><b>PAIN THEN SWELLING (MALIG. CRITERIA) (LN METASTASIS)</b></p> <ul style="list-style-type: none"> <li><b>SITE</b> → Parotid region.</li> <li><b>SIZE</b> → Variable.</li> <li><b>SHAPE</b> → Irregular.</li> <li><b>SURFACE</b> → lobulated.</li> <li><b>SPECIAL CCC.</b> = VII n. palsy.</li> <li><b>SKIN OVERLYING</b> → Ulceration &amp; induration.</li> <li><b>CONSISTENCY</b> → Stony hard.</li> </ul> |
| INVEST. | <ol style="list-style-type: none"> <li>CT scan → confirm + assess operability + benign from maliq?</li> <li>Tc scan → cold</li> <li>No open biopsy to avoid VII n. injury ± only FNAC U/S guided</li> </ol>   |  | ✓  |
| TTT.    | <p><b>EXCISION ONLY ISN'T ENOUGH!!!</b></p> <ol style="list-style-type: none"> <li>Superf. lobe → Superf. conservative parotidectomy.</li> <li>Deep lobe → Total conservative parotidectomy.</li> </ol>   | <ol style="list-style-type: none"> <li>Superf. conservative parotidectomy.</li> <li>Excision!</li> </ol>   | <p><b>TOTAL RADICLE PAROTECTOMY</b><br/>(don't conserve VII) + modified radicle neck dissection → Post op. Radio.</p>  |



|   | DERMOID CYSTS  |  |   |   | SEBACEOUS<br>(EPIDERMOID/ PILAR CYST)  |
|---|--|--|---|---|--|
|   | SEQUESTRATION DERMOID  | IMPLANTATION DERMOID   | THYRO-GLOSSAL CYST  | BRANCHIAL CYST  |  |
| ETIOLOGY  | <u>CONGENITAL SEQUASTRATION OF EPITH. INTO THE SC TISSUE</u> IN FETUS AT THE <u>lines of fusion:</u>   | <u>ACQUIRED IMPLANTATION OF SKIN IN SC T.</u> ON top of pricking wound OR Skin graft                           | <u>UN-OBLITERATED THYROGLOSSAL DUCT.</u><br>(from foramen cecum → thyroid isthmus + med part of lobes)  | <u>PERSISTENT CX. SINUS</u> OR INCOMP. fusion of the 2 <sup>nd</sup> & 5 <sup>th</sup> ARCHES. (Clefts – ECTODERM)  | <u>RETENTION CYST OF SEBACEOUS GL.</u> dt obst. of duct by SEBUM, SCARRING!  |
| PATH.<br>(SITE)                                       | <ul style="list-style-type: none"> <li>EYE → EXT. ANGULAR (M/C) &amp; INT. ANGULAR.</li> <li>Midline of neck &amp; TRUNK.</li> <li>PRE &amp; POST. AURICULAR</li> <li><b>NEVER IN LIMBS</b></li> </ul> | <ul style="list-style-type: none"> <li>Tips of fingers.</li> <li>SITES of SCARS.</li> </ul>                    | <u>MID-LINE AT HYOID BONE</u> <ul style="list-style-type: none"> <li>Sub-hyoid. (M/C)</li> <li>Thyroid. (ON 1 side)</li> <li>Supra-hyoid.</li> </ul>                                      | <ul style="list-style-type: none"> <li>Upper part of neck.</li> <li><b>CAROTID TRIANGLE.</b></li> <li><b>PARTIALLY SUPERF. &amp; PARTIALLY DEEP TO ST. MASTOID.</b></li> </ul> <div>(Vaginal hydrocele, dental &amp; dentigerous)</div> | <ul style="list-style-type: none"> <li>HAIRY AREAS. (M/C scalp swelling)</li> <li>NEVER palm OR SOLE.</li> </ul>   |
| CONTENT   | Sebum  | Sebum  | Sebum   | MUCOUS + <b>CHOLESTEROL CRYSTALS</b>  | Sebum  |
| MICRO   | <ul style="list-style-type: none"> <li>lined by STRATIFIED sq. epith.</li> <li>OUTER fibrous layer.</li> </ul>   | ✓  | lined by colum. epith. + fibrous cord conn. it to hyoid bone  | ✓ + lymphoid t. + fibrous cord passing bet. ECA & ICA conn. t to phx.   | ✓  |
| C/P: AGE  | Child (dating SINCE birth)   | Adult MANUAL WORKER  | Child (6-8 ys.)   | Although cong., it appears AT 20 ys.  |  |
| COMPLAINT:  | <u>AS SCHEME +</u> <ul style="list-style-type: none"> <li><b>Lax cystic.</b></li> <li>NOT ATTACHED to skin.</li> <li>TRANS OPAQUE.</li> </ul>  | <u>AS SCHEME +</u> <ul style="list-style-type: none"> <li>RELATED to SCAR.</li> <li>MAY BE painful.</li> </ul> | <ul style="list-style-type: none"> <li>Cystic &amp; <b>MOVES up &amp; down with deglutition &amp; TONGUE PROTRUSION.</b></li> <li>PALPABLE TRACT from hyoid to BASE of TONGUE.</li> </ul> | <u>TENSE CYSTIC, SMOOTH &amp; well defined</u> <ul style="list-style-type: none"> <li><b>MORE PROMINENT ON CONT. of STERNO-MASTOID</b></li> <li>Compressible –pulsating.</li> </ul>   | <u>TENSE CYSTIC, SMOOTH &amp; ROUNDED</u> <ul style="list-style-type: none"> <li>ATTACHED to skin AT PUNCTUM.</li> <li>DISCHARGE SEBUM ON Sq.</li> </ul> |
| <u>COMP.:</u> Inf.– Rupture – Hqe – Pr. – RECURRENCE. | IC CONNECTIONS.  |  | <b>THYROGLOSSAL FISTULA (ALWAYS ACQUIRED)</b>   | <ul style="list-style-type: none"> <li>ADENOCARCINOMA.</li> <li><b>BRANCHIAL FISTULA:</b> ACQUIRED OR CONG. (SEE below)</li> </ul>  | <ul style="list-style-type: none"> <li>LOCAL baldness.</li> <li>COCK'S PECULIAR TUMOR.</li> <li>SEBACEOUS HORN.</li> </ul>                               |
| DD: OTHER SWELLINGS                                   | SEBACEOUS  | SEBACEOUS  | Ectopic thyroid gland   | 1) Cold abscess → CASEATION ON asp.<br>2) Swellings ON LAT. side of neck.<br>3) Cysts CONTAINING CHOLESTEROL CRYSTALS.  | DERMOID.   |
| INVEST: U/S +   | X-RAY + CT skull   |  | Fistulogram   | Aspiration + Fistulogram  |  |
| TREATMENT   | Excision & if infected → incision & drainage → THEN EXCISION   |  | <b>SIS-TRUNK OPERATION</b> (cyst + TRUNK + CENTRAL part of hyoid bone)  | <b>COMPLETE EXCISION VIA "STEP-LADDER" INCISION</b>   | Elliptical incision  |

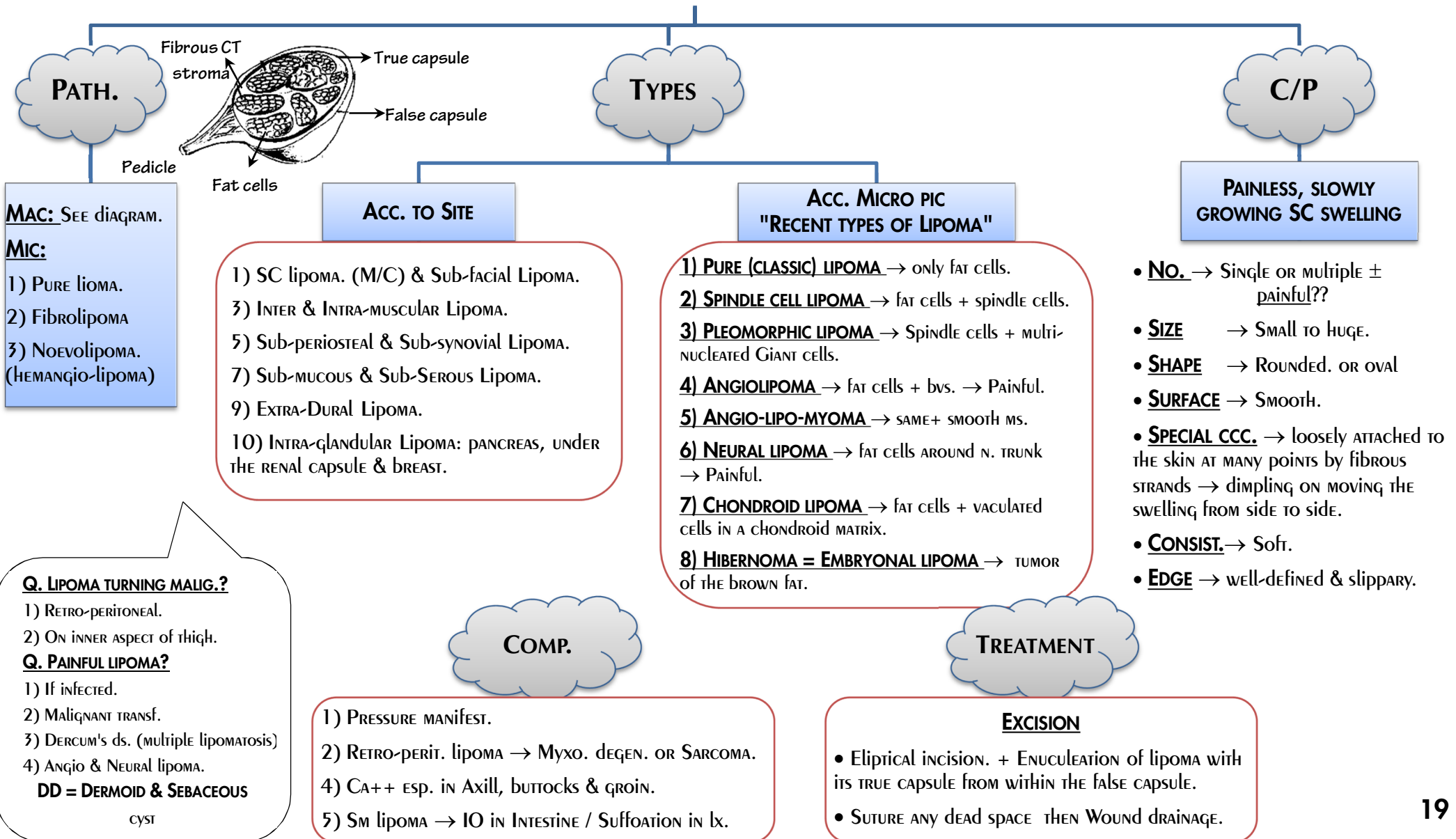
|          | THYROGLOSSAL FISTULA  | BRANCHIAL FISTULA   |  |
|----------|---|---|--|
|          |   | ACQUIRED  | CONGENITAL   |
| ETIOLOGY | <b>ALWAYS ACQUIRED &amp; NEVER CONG. DT:</b><br>1) Incomplete excision of thyroglossal cyst.<br>2) Rupture or incision of .....   | <ul style="list-style-type: none"><li>Incomplete excision of branchial cyst.</li><li>Rupture or incision of</li></ul>   | Failure of fusion between the 2 <sup>nd</sup> & 5 <sup>th</sup> Pharyngeal arches. |
| PATH.    | <ul style="list-style-type: none"><li><b>Track is tortuous</b> &amp; intimately related to the <b>hyoid bone</b> but not posterior.</li><li>Moves up &amp; down with <b>deglutition &amp; tongue protrusion</b>.</li><li>Tack is felt <b>above the fistula</b>. (pathog.)</li></ul> | THE SAME AS BRANCHIAL CYST!   |  |
| C/P      | 1. DISCHARGE MUCOUS BUT IF INFECTED IT DISCHARGE PUS  |   |  |
|          | 2) HX. OF PRE-EXISTING CYST   | 2) APPEARS SINCE BIRTH  | 2) HX. OF PRE-EXISTING CYST  |
|          | 3) <b>Fistula opens</b> in the <b>midline of neck</b> below hyoid bone.<br>4) Overlapped by a <b>transv. cresenteric skin fold</b> . (pathog.)  | 3) Fistula opens at <b>lower 1/3</b> of ant. border of sternomastiod<br>4) Tract passing <b>bet. ICA &amp; ECA</b> in the fossa of Rosen-muller.<br>5) <b>LINED BY</b> → sq. epith & <b>lymphoid tissue</b> | 3) Fistula opens at <b>upper 1/3</b> of ant. border of sternomastiod               |
| INVEST.  | Thyroid scan  | Fistulogram   |  |
| TTT      | 1) <b>COMPLETE EXCISION VIA SIS-TRUNK OPERATION:</b><br>(Excision of Cyst + Fistula + track upto tongue base + middle 1/3 of hyoid bone)<br><br>2) <b>IF IT'S THE ONLY THYROID T.</b> → L-thyroxin after excision.  | COMPLETE EXCISION VIA "STEP-LADDER" INCISION  |  |

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|                  | DESMOID TUMOR   | CAROTID BODY TUMOR<br>(POTATO TUMOR)  | SIMPLE GANGLION   | COMPOUND PALMAR GANGLION  |
|------------------|---|---|---|---|
| ORIGIN           | <b><u>LOCALLY MALIGNANT TUMOR.</u></b><br><b><u>FROM RECTUS MS OR SHEATH.</u></b><br>(MUSCULO-FIBRO-APONEUROTIC)  | CHEMO-RS AT THE bifurcation of the CCA  | MYXOMAOTUS degen. Of fibrous t. in relation to TENDON SHEATHS.  | TB. synovitis of ulnar bursa  |
| ETIOLOGY OR SITE | <b><u>FIBROSARCOMA. (NON-CAPSULATED)</u></b> <ul style="list-style-type: none"> <li>MP female. (lower abd. wall)</li> <li>TRAUMA – PART of GARDNER'S S.</li> </ul>  | <ul style="list-style-type: none"> <li>BENIGN mainly.</li> <li>METASTASIS only in 20 %</li> </ul>   | <ul style="list-style-type: none"> <li>DORSUM of wrist?</li> <li>AROUND THE ANKLE?</li> </ul>   | <ul style="list-style-type: none"> <li>Palm ± Thumb or little finger.</li> <li>DISTAL PART of the FOREARM</li> </ul>  |
| C/P              | <b><u>SWELLING</u></b> <ul style="list-style-type: none"> <li><b><u>SITE</u></b> → lower abd. wall.</li> <li><b><u>SIZE</u></b> → VARIABLE.</li> <li><b><u>SHAPE</u></b> → Irregular.</li> <li><b><u>SURFACE</u></b> → Nodular.</li> <li><b><u>SPECIAL CCC.</u></b> → MOVES ACROSS BUT fixed ON MS. CONTRACTION.</li> <li><b><u>CONSIST.</u></b> → HARD.</li> <li><b><u>EDGE</u></b> → Ill- defined.</li> <li><b><u>COMP.</u></b> → RECURRENCE EVEN AFTER ADEQUATE EXCISION.</li> </ul> | <b><u>PAINLESS SWELLING</u></b> <ul style="list-style-type: none"> <li><b><u>SITE</u></b> → CAROTID TRIANGLE. (upper part of ANT. TRIANGLE of the NECK)</li> <li><b><u>SIZE</u></b> → VARIABLE.</li> <li><b><u>SHAPE</u></b> → Oval = <b>POTATO LIKE</b></li> <li><b><u>SURFACE</u></b> → SMOOTH.</li> <li><b><u>SPECIAL CCC.</u></b> → TRANSMITTED pulsations → DD: ANEURYSM expansile pulsations.</li> <li><b><u>MOBILITY</u></b> → HZ. NOT VERTICALLY</li> <li><b><u>CONSIST.</u></b> → HARD.</li> <li><b><u>EDGE</u></b> → well defined.</li> </ul> | <b><u>CYSTIC SWELLING</u></b> <ul style="list-style-type: none"> <li><b><u>SITE</u></b> → CB4</li> <li><b><u>SIZE</u></b> → MODERATE.</li> <li><b><u>SHAPE</u></b> → ROUNDED.</li> <li><b><u>SURFACE</u></b> → SMOOTH.</li> <li><b><u>SPECIAL CCC.</u></b> → WHEN THE adj. TENDON CONTRACT → CYST BECOMES RESTRICTED &amp; MORE TENSE.</li> <li><b><u>CONSIST.</u></b> → TENSE CYSTIC.</li> <li><b><u>EDGE</u></b> → well-defined.</li> </ul> | <b><u>CYSTIC SWELLING</u></b> <ul style="list-style-type: none"> <li><b><u>SITE</u></b> → CB4</li> <li><b><u>CONSIST.</u></b> → FLUCTUANT.</li> <li><b><u>TB TOXEMIA</u></b></li> </ul>  <p>Ganglion in a typical site</p> |
| INVEST.          | CT SCAN & MRI.  | 1) <b><u>CAROTID ANGIO (MOST DIAG.)</u></b> to diff from ANEURYSM + ICA infiltrated?<br>2) <b><u>WIDE SEP. BET. ECA &amp; ICA</u></b> + highly VASCULAR STRUCTURE in-between.<br>3) <b><u>SPIRAL CT OR MRI.</u></b>   |   |   |
| TTT              | Wide local excision → FROM ORIGIN TO INSERTION + add a MESH!  | Excision with preservation of ICA, if NOT possible → graft!   | Excision under full aseptic tech. in a bloodless field & under GA.  | <ul style="list-style-type: none"> <li>Anti-TB drugs.</li> <li>IMMOB. in PLASTER of PARIS.</li> <li>COMPLETE excision.</li> </ul>   |

# LIPOMA

BENIGN TUMOR OF ADIPOSE TISSUE



# LYMPHOMA

|                     | HODGKIN'S LYMPHOMA  | Non-HODGKIN'S  |
|---------------------|---|--|
| INCIDENCE           | 15 %  | 85 % (MORE COMMON)   |
| AGE                 | 1 <sup>st</sup> peak AT 15 – 35 ys. / 2 <sup>nd</sup> peak AT >50   | 60-65 ys   |
| SITE                | Left lower deep cervical LNs  | THE SAME   |
| MAC.                | Painless progressive LN ++, Rubbery & Discrete.   | THE SAME   |
| MIC.                | <b>REED STERNBERG. (MULTI-NUCLEATED GIANT CELLS)</b> <ul style="list-style-type: none"> <li>Lymphocytic predominance. (best prognosis)</li> <li><b>Lymphocytic depletion. (worst prognosis)</b></li> <li>Nodular sclerosis. (most common)</li> <li>Mixed.</li> </ul>  | <ul style="list-style-type: none"> <li>B-cell lymphoma. (M/C)</li> <li>T-cell lymphoma.</li> <li>Lymphoblastic.</li> <li>Histiocytic.</li> </ul>           |
| CL./P               | AS MAC + pain on drinking Alcohol<br>+ RESPECT ANATOMY.   | NON-ANATOMICAL   |
| (B) SYMPTOMS        | <ul style="list-style-type: none"> <li>40 %</li> <li><b>PEL-EBSTEIN FEVER</b> = intermittent, last for few days followed by remission.</li> </ul>   | (B) SYMPTOMS = 20 %  |
| EXTRA-NODAL         | LESS COMMON   | <b>MORE COMMON:</b> <ul style="list-style-type: none"> <li>GIT → Gastric &amp; intestinal lymphoma.</li> <li>Skin eruption → Mycosis fungoides.</li> </ul> |
| INVEST.             | 1) CBC → Anemia, Eosinophilia & lymphopenia.<br>2) ↑ LDH & ESR<br>3) LN Biopsy → Diagnostic from lt. lower deep cx. LNs.<br>4) Staging → CT scan & MRI / Staging laparotomy. "obsolete"   |  |
| STAGING & TREATMENT | <b>a) NO SYMPTOMS = (A)</b><br><b>b) SYSTEMIC SYMPTOMS = (B) = 2N 2L + PRURITIS.</b><br><b>c) IF EXTRA-LYMPHATIC SITE IS AFFECTED = (STAGE E)</b> <ul style="list-style-type: none"> <li><b>STAGE 1 + 2A → 1 GROUP OF LN</b> → Radio               <ul style="list-style-type: none"> <li>a) If LNs above diaphragm → MANTLE TECH.</li> <li>b) If below diaph. → INVERTED Y TECHNIQUE.</li> </ul> </li> <li><b>STAGE 2B → 2 OR MORE ON THE SAME</b> side of diaph. → Radio therapy.</li> <li><b>STAGE 3 → ON BOTH SIDES ± SPLEEN</b> → Radio &amp; Chemo therapy. (MOPP or ABVD)</li> <li><b>STAGE 4 → DISSEMINATED</b> → liver, lung, BM → Radio &amp; Chemo therapy.</li> </ul> | Radio & Chemo th.<br>(CHOP regimen)  |
| PROGNOSIS           | BETTER  | WORSE  |

# TB LYMPHADENITIS

|             | FIBRO-CASEOUS LYMPHADENITIS   | BLOOD BORNE - DISSEMINATED   |
|-------------|---|--|
| SITE        | <b>LT. upper deep Cx. LNs (M/C)</b><br>OTHERS → MEDIASTINAL, MESENTERIC (FROM INGESTED MILK)  | Many groups  |
| PATH.       | <b>LYMPHATICS REACH THE LNS THROUGH THE CAPSULE</b><br>→ PERI-ADENITIS.<br>→ CENTRAL CASEATION.<br>→ MATTED TOGETHER. <b>(DD with branchial cysts)</b><br>→ Cold abscess → SINUS.   | <b>BLOOD REACHES THE CENTER OF LN</b> <ul style="list-style-type: none"> <li>• No peri-adenitis.</li> <li>• No MATTING.</li> <li>• No CENTRAL CASEATION.</li> <li>• No cold abscess → No sinus.</li> </ul> |
| C/P & COMP. | <b>YOUNG AGE: TB TOXEMIA:</b> <ul style="list-style-type: none"> <li>• NOT WARM OR TENDER.</li> <li>• FIRM OR ELASTIC.</li> <li>• MATTED TOGETHER.</li> <li>• Cold Abscess → slightly WARM &amp; TENDER, soft &amp; FLUCTUANT, OVERLYING skin is AT 1<sup>st</sup> NORMAL THEN dusky.</li> <li>• BEADED CORDS bet. diff. LN groups dt thickened TB lymphadenitis.</li> </ul>      | <b>OLD AGE: TB TOXEMIA (2N 2L)</b> <ul style="list-style-type: none"> <li>• NOT TENDER.</li> <li>• RUBBERY.</li> <li>• DISCRETE.</li> <li>• MISTAKEN for HL<br/>→ Lymphadenoid type of TB.</li> </ul>      |
| INVEST      | <ul style="list-style-type: none"> <li>• CXR.</li> <li>• TUBERCULIN +VE.</li> <li>• LN Biopsy.</li> <li>• Asp. of abscess → LJ CULTURE OR ZN STAIN.</li> </ul>  | <ul style="list-style-type: none"> <li>• LN Biopsy.</li> </ul>   |
| TTT.        | <b>ANTI TB FOR 9MS. (RIFAMPICIN + INH) +</b><br>1) <b>ABSCESS</b> → Asp. THROUGH AN INDEPENDENT PART IN A VALVULAR MANNER <ul style="list-style-type: none"> <li>• STREPTOMYCIN INJECTION AFTER asp.</li> <li>• If 2<sup>nd</sup> inf. → pyogenic abscess → Incision.</li> </ul> 2) <b>SINUS</b> → STREPTOMYCIN powder / 3 days.<br>→ If RESISTANT → Excision with underlying LN. | <b>ANTI TB</b>   |

# SURGICAL NUTRITION

|  | ENTRAL  | PARENTRAL   |  |   |  |   |
|--|---|---|--|---|--|---|
| Def.   | Through a tube inserted in the proximal GIT.  | A catheter inserted in a Central vein. (sub-clavian or IJV)   |  |   |  |   |
| Types  | Supplemental or Total.  | Partial or Total. (TPN)   |  |   |  |   |
| Indications  | <ul style="list-style-type: none"><li>• Low output fistula. (&lt;500 ml/d)</li><li>• Comatose.</li><li>• Major head or neck surgery</li><li>• Severe dysphagia.</li><li>• Critically ill.</li></ul>   | <ul style="list-style-type: none"><li>• high output fistula.</li><li>• Intestinal failure.</li><li>• Paralytic ileus.</li><li>• Severe acute pancreatitis / severe IBD.</li><li>• Radiation enteritis.</li></ul>  |  |   |  |   |
| Route of adm.  | <p><u>NGT OR...</u></p> <table><tr><th><u>FEEDING GASTROSTOMY</u></th><th><u>FEEDING JEJUNOSTOMY</u></th></tr><tr><td><ul style="list-style-type: none"><li>• Easier.</li><li>• Liquid of blundered food.</li><li>• Open or PEG.</li></ul></td><td><ul style="list-style-type: none"><li>• More difficult.</li><li>• Initial isotonic saline at slow rate.</li><li>• Open only.</li><li>• Stomach ds, severe GERD, impaired emptying.</li></ul></td></tr></table>   | <u>FEEDING GASTROSTOMY</u>  | <u>FEEDING JEJUNOSTOMY</u>   | <ul style="list-style-type: none"><li>• Easier.</li><li>• Liquid of blundered food.</li><li>• Open or PEG.</li></ul>  | <ul style="list-style-type: none"><li>• More difficult.</li><li>• Initial isotonic saline at slow rate.</li><li>• Open only.</li><li>• Stomach ds, severe GERD, impaired emptying.</li></ul> | <div><div><p>CENTRAL line<br/>(IJV or subclavian)</p><ul style="list-style-type: none"><li>• L-AAs &amp; some electrolytes.</li><li>• 25 % glucose + insulin.</li><li>• hyperosmolar.</li></ul></div><div><p>PERIPHERAL line</p><ul style="list-style-type: none"><li>• Inter-lipids.</li><li>• isotonic.</li></ul></div></div> |
| <u>FEEDING GASTROSTOMY</u>   | <u>FEEDING JEJUNOSTOMY</u>  |   |  |   |  |   |
| <ul style="list-style-type: none"><li>• Easier.</li><li>• Liquid of blundered food.</li><li>• Open or PEG.</li></ul>   | <ul style="list-style-type: none"><li>• More difficult.</li><li>• Initial isotonic saline at slow rate.</li><li>• Open only.</li><li>• Stomach ds, severe GERD, impaired emptying.</li></ul>  |   |  |   |  |   |
|  | Advantages  | Disadvantages   |  |   |  |   |
|  | <ol style="list-style-type: none"><li>1) PRESERVE THE GUT MUCOSA →NO STRESS ULCER OR BACTERIAL TRANSLOCATION.</li><li>2) Easy, safe &amp; less expensive.</li><li>3) ↓ INCIDENCE OF CHOLESTASIS.</li></ol>  | <table><tr><td><p><u>Of the TPN:</u></p><ol style="list-style-type: none"><li>1) Over or underfeeding.</li><li>2) hyponatremia, hypokalemia, hyperosmolar dehydration</li><li>3) Failure of gut barrier → bacterial translocation → SIRS.</li><li>4) Cholestasis &amp; jaundice.</li></ol></td><td><p><u>Of the Catheter:</u></p><ol style="list-style-type: none"><li>1) <b>MAL-PLACEMENT</b> → hemo or pneumothorax → so CXR should be done after insertion.</li><li>2) <b>AIR EMBOLISM.</b></li><li>3) <b>THROMBOPHLEBITIS → SEPTICEMIA</b><ul style="list-style-type: none"><li>• Unexplained fever for 24 hrs.</li><li>• REMOVE THE CATHETER &amp; send the tip for C&amp;S</li><li>• START ABS till the results.</li><li>• INSERT A NEW line in a new site.</li></ul></li><li>4) <b>INJURY TO ARTERIES OR NS.</b> (brachial plexus)</li></ol></td></tr></table> | <p><u>Of the TPN:</u></p> <ol style="list-style-type: none"><li>1) Over or underfeeding.</li><li>2) hyponatremia, hypokalemia, hyperosmolar dehydration</li><li>3) Failure of gut barrier → bacterial translocation → SIRS.</li><li>4) Cholestasis &amp; jaundice.</li></ol> | <p><u>Of the Catheter:</u></p> <ol style="list-style-type: none"><li>1) <b>MAL-PLACEMENT</b> → hemo or pneumothorax → so CXR should be done after insertion.</li><li>2) <b>AIR EMBOLISM.</b></li><li>3) <b>THROMBOPHLEBITIS → SEPTICEMIA</b><ul style="list-style-type: none"><li>• Unexplained fever for 24 hrs.</li><li>• REMOVE THE CATHETER &amp; send the tip for C&amp;S</li><li>• START ABS till the results.</li><li>• INSERT A NEW line in a new site.</li></ul></li><li>4) <b>INJURY TO ARTERIES OR NS.</b> (brachial plexus)</li></ol> |  |   |
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# ELECTROLYTE DISTURBANCE

## 1) BODY WATER:

- 70 % of the BW of NEONATE.
- 60% of the adult male.
- 50% of the adult female. (due to the fat)

## 2) PLASMA:

- PLASMA OSM. = 300 mOsm/Kg → mainly due to Na.
- Na = 140-145 meq/l → MAIN EC CATION. PRESERVED by the kidney.
- K = 4-5 meq/L MAIN IC, 2 % EC. Rapidly EXCRETED by the kidney
- pH = 7.36 – 7.44
- Most imp. Buffering system →  $\text{HCO}_3^-$  = 22-26 mmol/l → regulated through the kidney
- $\text{HCO}_3^-$  : CARBONIC ACID = 20 : 1

|   | IC FLUID                                   | EC FLUID                        |                                      | CORRECTED BY   |
|---|--|---------------------------------|--------------------------------------|--|
|   |  | INTRA-VASCULAR                  | INTERSTITIUM                         |  |
| COMPONENTS                              | 2/3 BW<br>differ in EVERYTHING EXCEPT OSM. | 1/4 → 5 % BW                    | 3/4 BW<br>differ only in pr. CONTENT |  |
| ↓ WATER CONTENT                         | Dehydration → thirst                       | Circulatory collapse & oliguria | SUNKEN EYES<br>↓ skin Turgor         | Drinking water / if not possible<br>(COMATOSED → Glucose 5 % (isotonic)) |
| ↑ WATER CONTENT<br>(USUALLY IATROGENIC) | Edema → esp. brain<br>(convulsions...etc)  | Distended neck veins            | Generalized edema                    | RESTRICT the water intake, if not possible<br>→hypertonic saline         |



|           | hyponatremia  | hypernatremia   | hypokalemia  | hyperkalemia  |
|-----------|---|---|--|---|
| STARTS AT | <120 meq/l  | > 150   | <3.5 mmol/L  |   |
| ETIOLOGY  | <ul style="list-style-type: none"> <li>• WATER INTOXICATION. (M/C)</li> <li>• GIT loss.</li> <li>• ECF loss → burns</li> <li>• Adrenal insuff.</li> </ul> | <ul style="list-style-type: none"> <li>• WATER depletion.</li> <li>• <b>TRUE:</b> <ul style="list-style-type: none"> <li>- Conn's, Cushing.</li> <li>- rapid saline inf.</li> </ul> </li> </ul> | <ul style="list-style-type: none"> <li>• GIT loss.</li> <li>• <b>Alkalosis (SEE CHPS → paradoxical aciduria)</b></li> <li>• K losing diuretics.</li> <li>• Conn's &amp; Cushing.</li> <li>• Insulin. / <b>PROLONGED TPN.</b></li> </ul>  | <ul style="list-style-type: none"> <li>• ARF.</li> <li>• Acidosis.</li> <li>• MASSIVE TRANSFUSION of STORED blood.</li> </ul>   |
| C/P       | IC edema with collapse, oliguria, sunken eyes, ↓ skin turgor  | Pulls water from the cell<br>→ ↓ IC content & ↑ interstitial & vascular compartment<br><b>That's we give diuretic!</b><br>(SEE ABOVE)   | <ul style="list-style-type: none"> <li>• Ms. &amp; NERVE weakness.</li> <li>• hypotonia, paralytic ileus &amp; distension, incontinence, rapid shallow breathing</li> <li>• <b>ECG → ↑ QT, ↓ ST &amp; inverted T</b></li> <li>• ↑ sensitivity to Digitalis &amp; hepatic coma</li> </ul> | <ul style="list-style-type: none"> <li>• GIT → NVA &amp; diarrhea</li> <li>• <b>ECG → peaked T wave, wide QRS</b></li> <li>• Bradycardia → heart block &amp; arrest!!</li> </ul>  |
| TTT       | IV saline or Ringer's   | Na restriction + diuretics  | <ul style="list-style-type: none"> <li>• Oral K if possible. (NEVER MORE THAN 40 meq/h)</li> <li>• NEVER AS A bolus.</li> </ul>  | <ul style="list-style-type: none"> <li>• IV Ca gluconate → cardio-protective.</li> <li>• NaHCO<sub>3</sub> → to correct acidosis.</li> <li>• Glucose &amp; insulin.</li> <li>• If failed → cation exchange resin or dialysis</li> </ul> |

| METABOLIC ACIDOSIS |  | METABOLIC ALKALOSIS |  |
|--------------------|--|---------------------|--|
| ETIOLOGY           | <ul style="list-style-type: none"> <li>• DKA – Lactic acidosis</li> <li>• Renal failure.</li> <li>• Diarrhea, fistula.</li> <li>• <b>Uretero-sigmoidostomy → hyper-chloremic Acidosis</b></li> </ul> |                     | <ul style="list-style-type: none"> <li>• <b>pyloric obstr → hypo-chloremic Alkalosis</b></li> <li>• Hypokalemia.</li> <li>• NaHCO<sub>3</sub> overdose.</li> <li>• Milk-alkali S.</li> </ul> |
| C/P                | <ul style="list-style-type: none"> <li>• Kussmaul's breathing. (↑ rate &amp; depth → dehydration)</li> </ul>   |                     | <ul style="list-style-type: none"> <li>• Resp (-) → Cheyne-Stokes</li> <li>• Tetany / of pyloric obstr.</li> </ul>   |
| TTT:               | <ul style="list-style-type: none"> <li>• Mild → the cause.</li> <li>• Severe (pH &lt; 7.3 or HCO<sub>3</sub> &lt; 15 meq/l → IV HCO<sub>3</sub>.</li> </ul>  |                     | <ul style="list-style-type: none"> <li>• <b>Pyloric obstr. → isotonic saline. (NaCl)</b></li> <li>• <b>hypokalemia → IV KCL</b></li> <li>• <b>Tetany → Ca gluconate</b></li> </ul>           |

# ENDOCRINOLOGY

|          | 1 <sup>RY</sup> HYPER-PARA-THYROIDISM  | PHEOCHROMOCYTOMA   |
|----------|--|--|
| ETIOLOGY | <ul style="list-style-type: none"> <li>• Single AdENOMA. (M/C)</li> <li>• Multiple AdENOMAS.</li> <li>• PTH hyper-plasia.</li> <li>• Others (RARE → (MEN \$), CARCINOMA, ECTOPIC.</li> </ul> <p>PTH → peptide HORMONE → ⊕ OSTEOCLASTS, REQUIRES vit. D AS A PRECURSOR ↑ IN CRF, ↑ PHOSPHORUS EXCRETION IN URINE!</p>   | <p><u>RARE, BUT THE M/C TUMOR IN ADRENAL MEDULLA!</u></p> <p><b>RULE OF 10???</b></p> <ul style="list-style-type: none"> <li>• 10 % bilateral.</li> <li>• 10 % familial. (MEN IIa &amp; b)</li> <li>• 10% in children.</li> <li>• 10 % MALIGNANT.</li> <li>• 10 % EXTRA-ADRENAL. (UB, RENAL hilum, ORGAN OF ZUKERKANDL AT AORTIC bifurcation)</li> </ul> |
| C/P      | <p><b><u>BONES, STONES, GROANS, PSYCHIC MOANS.</u></b></p> <ul style="list-style-type: none"> <li>• <b>EARLIEST</b> → MS weakness, NVA, polyuria &amp; polydipsia.</li> <li>• <b>BONES</b> → STARTING IN THE PHALANGES THEN THE SKULL.</li> <li>• <b>STONES</b> → of the kidney, OR NEPHRON-CALCINOSIS.</li> <li>• <b>GROANS</b> → Abd. pain DUE TO ACUTE PANCREATITIS OR PU.</li> <li>• <b>MOANS</b> → EMOTIONAL disturbance.</li> </ul> <p>NB: hyperCALCEMIA → PANCREATITIS → hypocalcemia</p> | <p><b><u>"I THOUGHT I WAS GOING TO DIE!"</u></b></p> <ul style="list-style-type: none"> <li>• <b>HTN</b>, blurring of vision, HEADACHE, ANGINAL attacks, palpitation.</li> <li>• <b>METABOLIC</b> → DM, hyperthyroidism.</li> <li>• <b>SUDDEN DEATH DT</b> → IC hqE &amp; Arrhythmia.</li> </ul>   |
| INVEST.  | <ul style="list-style-type: none"> <li>• ↑ s. &amp; URINARY CA.</li> <li>• ↑ ALP - ↑ PTH.</li> <li>• <b>RADIO-ISOTOPE SCAN</b> → MOST diag. (<b>SESTAMIBI SCAN</b>)</li> </ul>   | <ul style="list-style-type: none"> <li>• <b>SCREENING</b> → ↑ VMA IN URINE.</li> <li>• <b>MIBG</b> → IN ANY ADRENAL MEDULLA TUMOR.</li> <li>• <b>MRI</b> → MOST diagnostic.</li> </ul>   |
| TTT      | <ul style="list-style-type: none"> <li>• <b>ADENOMA</b> → excision of the affected gland.</li> <li>• <b>HYPERPLASIA</b> → subtotal para-thyroidectomy.</li> <li>• <b>POST-OP. CARE</b> → MONITOR THE s. CA coz it may fall in the 1<sup>st</sup> 24-48 HS → give ORAL Ca OR IV Ca if SEVER.</li> </ul>   | <ul style="list-style-type: none"> <li>• <b>PREOP.</b> → CONTROL BP → <u>α BLOCKERS 1ST THEN ββ? LABETALOL.</u></li> <li>• <b>SURGERY</b> → via ANT. TRANS-PERITONEAL approach.</li> <li>• <b>POSTOP.</b> → MONITOR the bl. P &amp; the blood sugar level!</li> </ul>  |
|          | <p><b><u>(2)MEN → AD, 1<sup>st</sup> degree relatives → 50 % develop the ds!</u></b></p> <ul style="list-style-type: none"> <li>• <b>MEN II a</b> → PTH HYPERPLASIA – PHEOCHROMOCYTOMA – MEDULLARY CARCINOMA.</li> <li>• <b>MEN II b</b> → PHEOCHROMOCYTOMA – MEDULLARY CARCINOMA – MARFANOID FACIAL FEATURES. (NO PARATHYROID)</li> </ul>   |  |

# POST-OPERATIVE WOUND INF.

|                    | CLEAN   | CLEAN CONTAMINATED                       | CONTAMINATED           | DIRTY          |
|--------------------|---|--|------------------------|----------------|
|                    | STERILE AREA  | low NUMBERS of RESIDENT FLORA            | LARGE NUMBERS          | PERITONITIS.   |
| EG.                | HERNIORRAPHY, Thyroidectomy, CNS, CARDIOTHORACIC, ORTHO | urological, oro-pharyngeal, appendectomy | IO → UNPREPARED COLON. |                |
| % OF POST OP. INF. | 1-2 %   | 20-30 %                                  | up to 60 %             | >60 %          |
| WITH ABC           | & DOESN'T DECREASE → so NO NEED for ABC prophylaxis     | <10 % with ABC                           | 15-20 % with ABC       | 40 % with ABC. |

- **ABC PROPHYLAXIS** should be administered 30 mins. b4 skin incision & 24 hrs. AFTER TO AVOID RESISTANCE!
- **SELECTIVE DECONTAMINATION OF THE GIT + ORAL ABS** → ↓ NOSOCOMIAL INFECTIONS BUT NOT MR!
- **CLIPPING OF HAIR** AT THE SURGICAL SITE!
- **M/C CAUSE OF POST-OP. WOUND INFECTION** → **PRESENCE OF DEAD SPACE!**

# POST-OPERATIVE FEVER = 4Ws

| DAY  | 4 Ws       | CAUSE  |
|--|------------|--|
| • 1 <sup>ST</sup> & 2 <sup>ND</sup> DAY  | WIND       | PNEUMONIA – ATELECTASIS? SURGICAL TRAUMA.                      |
| • 3 <sup>RD</sup> – 5 <sup>TH</sup> DAY  | WATER      | UTI.   |
| • 4 <sup>TH</sup> – 6 <sup>TH</sup> DAY  | WALKING    | DVT & PULMONARY EMBOLISM.                                      |
| • 5 <sup>TH</sup> TO 7 <sup>TH</sup> OR 4 <sup>TH</sup> – 10 <sup>TH</sup> DAY | WOUND INF. |  |
| • 7 <sup>TH</sup> DAY  | WONDER     | <u>WHAT DID WE DO??</u><br>DRUG FEVER - IV LINES OR CATHETERS! |

# MISCELLANEOUS (1)

## TUBULO-DERMOID CYSTS? EXPLAIN:

- 1) THYROGLOSSAL CYST.
- 2) BRANCHIAL CYST.
- 3) ENCYSTED HYDROCELE OF THE CORD.
- 4) TERATOMATOUS CYSTS? EXPLAIN DERMOID IN DETAILS + HINT ABOUT "TERATOMA OF TESTES" & "DERMOID CYST OF THE OVARY!"
- 5) MECHEL'S, VITELLINE & URACHAL CYSTS.

## STERNO-MASTOID TUMOR: CONG. TORTICOLLIS

- **ETIOLOGY** → interruption of the bl. supply of the middle somite → infarction → swelling → replaced by fibrous t. → torticollis.
- **C/P** → since birth or shortly after → painless firm swelling at the middle of sternomastoid → then torticollis towards the affected side & face looking to the opposite side!!
- **TTT** → division of the ms. at it's lower part. "MYOTOMY"

## PHARYNGEAL POUCH:

- **DEF.** → Motility disorder dt SPASM in inf. CONSTRUCTOR
- **ETIOLOGY** → HERNIATION THROUGH Killian's dehiscence! CRICO & thyropharyngeus
- **SITE** → MORE ON THE lt. side. (AS CYSTIC HYGROMA, LYMPHOMA, cleft lip)
- **C/P** → Dysphagia & MORE IN FEMALES. / pre-malignant.
- **INVEST.** → BA SWALLOW & NEVER ENDOSCOPY TO AVOID RUPTURE.
- **TTT.** → EXCISION.

**NB: 300 LNs in the neck.**

|         | DD OF SWELLING IN POPLITEAL FOSSA                                  |   |
|---------|--|---|
|         | SEMI-MEMBRANOUS BURSITIS   | BAKER'S CYST  |
| 1) AGE  | YOUNG AGE  | Old AGE   |
| 2) KNEE | FREE.  | OSTEOARTHROSIS & EFFUSION.                                    |
| 3) SITE | <u>MEDIAL</u> part of popliteal fossa.<br><u>ABOVE</u> joint line. | <u>CENTRE</u> of popliteal fossa.<br><u>BELOW</u> joint line. |
| 4) CCC. | Disappears ON KNEE FLEXION   | NOT AFFECTED.   |

# MISCELLANEOUS (2)

## DON'T MISS!

- **BLUNT TRAUMA** → solid organ injury → most commonly SPLEEN.
- **PENETRATING** → vascular or hollow organ.
- **SPLenic INJURY ALONE** → CONSERVE, but if a part of multi-organ injury → REMOVE.
- **LIVER → PRINGLE'S MANEUVER** → CAN STOP THE BLEEDING FROM THE PV & HA **but NOT** the HV OR IVC.
- **T-TUBE IS INSERTED** *only if there's injury of EXTRA-HEPATIC biliary TREE*, but biliary fistula only → CONSERVE.
- **BLUNT TRAUMA IN CHILDREN** differ from those in adults, but PENETRATING TRAUMAS ARE THE SAME IN BOTH!
- **POST-SPLENECTOMY SEPSIS** → incidence ↓ with AGE.
- **SIMPLE LACERATIONS OF THE LIVER** → *don't REQUIRE DRAINAGE UNLESS THEY ARE DEEP.*
- **HEMATOMAS OF THE PELVIS & STABLE PERINEPHRIC HEMATOMAS** LATERAL TO THE MIDLINE → should be kept undisturbed *but CENTRAL RETROPERITONEAL HEMATOMAS should be explored, coz it may involve MAJOR VASCULAR INJURIES.*
- **INITIAL APPROACH TO CONTROL IT** → packing & preventing the CONTAMINATION FROM THE ENTERIC INJURIES!
- **HOW TO MEASURE ICP?!** → VENTRICULOSTOMY.
- **1<sup>ST</sup> LINE TO ↓ ICT** → HYPERVENTILATION, THEN MANNITOL.  
(STERIODS HAS NO BENEFICIAL ROLE)

## TRAUMA HAS A TRIMODAL DISTRIBUTION:

| 1 <sup>ST</sup> PEAK   | 2 <sup>ND</sup> PEAK   | 3 <sup>RD</sup> PEAK   |
|--|--|--|
| <ul style="list-style-type: none"> <li>• Within MINUTES.</li> <li>• DUE TO MAJOR NEURO OR VASCULAR INJURY.</li> <li>• TTT IMPROVES THE OUTCOME.</li> </ul> | <ul style="list-style-type: none"> <li>• 1<sup>ST</sup> GOLDEN HOUR.</li> <li>• DUE TO (ABCD).</li> <li>• IC HEMATOMA, MAJOR THORACIC OR ABD. TRAUMA.</li> </ul> | <ul style="list-style-type: none"> <li>• Within days or wks.</li> <li>• DUE TO SEPSIS OR MOF.</li> </ul> |

## NECK INJURIES:

| ZONE 1  | ZONE 2   | ZONE 3  |
|---|--|---|
| <ul style="list-style-type: none"> <li>• FROM SUPRASTERNAL NOTCH TO CRICOID.</li> <li>• HIGHEST MORTALITY.</li> </ul> | <ul style="list-style-type: none"> <li>• FROM THE CRICOID TO THE ANGLE OF MANDIBLE.</li> <li>• THE MOST COMMON.</li> <li>• LEAST MORTALITY.</li> </ul> | <ul style="list-style-type: none"> <li>• ABOVE ANGLE OF MANDIBLE</li> <li>• MOST DIF. TO BE EXPLORED</li> <li>• THE 2<sup>ND</sup> MORTALITY</li> </ul> |

